

# The Tempo

## Holy Trinity Episcopal Parish

*A people passionately seeking to  
love with the heart of Christ,  
think with the mind of Christ, and  
act in the world as the Body of Christ.*



NOVEMBER 2018

### NOVEMBER CALENDAR

#### Thursday, November 1

10:30 am HE at Corley Center, Downs  
5:30 pm All Saints Holy Eucharist

#### Friday, November 2

12:15 pm All Soul's service, St. Paul's

#### Sunday, November 4

8:00 am Holy Eucharist  
8:45 am Breakfast  
9:30 am Sunday School

#### FIRST SUNDAY SERVICE AT 10:30 AM

10:30 am Holy Eucharist, Baptism  
5:00 pm Holy Eucharist, St. Paul's

#### Sunday, November 11

8:00 am Holy Eucharist  
8:45 am Breakfast  
9:30 am Sunday School  
10:30 am Holy Eucharist  
2-5 pm Safeguarding God's Children

#### Sunday, November 18

8:00 am Holy Eucharist  
8:45 am Breakfast  
9:30 am Sunday School  
10:30 am Holy Eucharist  
5:00 pm Evening Prayer, St. Paul's  
7:00 pm Vestry Meeting

#### Thursday, November 22

10:00 am Thanksgiving service

#### Sunday, November 25

8:00 am Holy Eucharist  
8:45 am Breakfast  
9:30 am Sunday School  
10:30 am Holy Eucharist

#### Friday, November 30

1:30 pm Bazaar set up

### ONGOING EVENTS

#### Sundays

9:10 am (1<sup>st</sup>, 3<sup>rd</sup> Sundays) Solo Women  
11:45 am Coffee Hour

#### Mondays

12:15 pm Contemplative Practice, Cooper Lib.  
6:00 pm E/M

#### Tuesdays

11 am Reflectionary Bible Study

#### Wednesdays

12 noon Women's Bk Group, Central Lib.  
6:00 pm Canterbury  
7:00 pm Choir Rehearsal

#### Thursdays

9:30 am Davis Library Book Group  
5:30 pm Holy Eucharist, Healing Service  
7:30 pm (2<sup>nd</sup>, 4<sup>th</sup> Thursdays) Community Bible Study

#### Saturdays

8:00 am Holy Trinity Book Group

### Keeping the Faith: Suz's Monthly Message

My dear Friends in Christ,

My thoughts for you this month are framed by two fine hymns (which are playing in a ceaseless loop today).

Take my life and let it be consecrated, Lord, to thee;  
take my moments and my days, let them flow in ceaseless praise.

Take my hands, and let them move at the impulse of thy love;  
take my heart it is thine own; it shall be thy royal throne.

Take my voice, and let me sing always, only for my King;  
take my intellect, and use every power as thou shalt choose.

Take my will, and make it thine; it shall be no longer mine.

Take myself, and I will be ever, only, all for thee. (*Hymnal 1982 #707*)

I hope you recognize those words as the hymn we sang at the Presentation of the Gifts each Sunday in September and October. I usually change out that hymn monthly, but that hymn so perfectly sums up the Christian affections of that time of offering. When the Gifts of bread, wine, money, and prayers are brought forward, we are offering to God "our selves, our souls and bodies." (*BCP 342*) Whenever I sing that hymn, I am reminded that whatever I give in that moment, God accepts it with the love and gentle pride of a parent receiving a clumsy turtle pieced together lovingly out of a paper plate and construction paper by a preschooler. Or perhaps God receives my offering with the quiet joy of a parent receiving a surreptitious hug from a habitually stand-offish teenager.

In November, our Presentation hymn will be "King of glory, King of peace." (*Hymnal 1982 #382*) It is my hope that God recognizes my fumbling attempts to follow Jesus as the "cream of all my heart" brought to the altar with thanksgiving and praise. It is my hope that I might offer my thanks and praise "seven whole days, not one in seven." It is my hope to be a disciple among other disciples who seek to follow Jesus and to honor God in all that we do. In short, it is my hope to live a life consecrated to God. And it is my hope that you will, too.

Grace and peace to y'all,

Suz+

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Holy Trinity Episcopal Parish  
193 Old Greenville Highway  
Clemson, SC 29631-1335

Phone: 864-654-5071

Fax: 864-654-5066

[www.holytrinityclemson.org](http://www.holytrinityclemson.org)

Submissions are due no later than the  
24<sup>th</sup> of the month by e-mail to:

[ibbrh@bellsouth.net](mailto:ibbrh@bellsouth.net)

The Rev W. Andrew Waldo, *Bishop*

### Staff

The Rev. Suzanne Cate, *Rector*

The Rev. Christopher Wilkerson,  
*Assistant to Rector, Campus Minister*

Becky Bowman, *Minister of Music*

Cynthia Spejewski, *Organist*

Lynne Farmer, *Parish Administrator*

Kara Gold Hollandsworth, *Secretary*

Caroline Daw, *Youth Leader*

Jim Hylkema, *Sexton*

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Kathy Crouse, *Junior Warden*

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Bill McDaniel, *Engagement, Worship,  
and Stewardship*

Meredith McTigue, *Communications,  
Stewardship*

Shannon Quattlebaum, *Newcomer,  
Engagement*

(Ministry Team Assignments are in  
italics following the name.)

### Why Do We Do That?

*“The Lord be with you, and also with you...(pause)...” Why is there a pause before you read The Collect of the Day?*

Let’s begin with answering another question: *What is a “collect”?* The origins of the collect (pronounced with the emphasis on the first syllable—**coll**’ect) are obscure, but similar prayers are evident from very early in the Church’s liturgical tradition. In early Roman traditions, these prayers are called *orationes*. Later sources from the area that is now France use the term *collecta*. This term suggests that something has been collected. The next question then must be: *What is collected in the collect?*

I’ve been reading and enjoying a book about *The Book of Common Prayer*, because that’s the kind of liturgy nerd I am. The book is *Inwardly Digest: the Prayer Book as Guide to a Spiritual Life*, by Derek Olsen. Mr. Olsen suggests three possible answers to this third question. First, this prayer should be offered after all the worshippers have been gathered, or collected. Second, this prayer weaves together the themes of worship for the day. Third, that this prayer gathers the prayers that have been offered silently by all the people as they gathered and prepared to worship. Each possible purpose offered for the collect has some merit, but we may never know definitively what the prayer is meant to collect.

However, being good Anglicans, we can claim that some part of all three purposes for the collect presented by Mr. Olsen are operating when we pray these venerable prayers. The Collect of the Day is prayed after the Entrance Rite: Opening Acclamation, Collect for Purity, Song of Praise. By the time we get to the Collect of the Day, most of us have gathered and settled into the pattern of our worship. The Collect of the Day is the beginning of the Liturgy of the Word, in which we hear and respond to the Scripture readings appointed for the day. The themes of the various readings are often reflected in the Collect.

It is the third suggested purpose that brings us to the answer to our original question. If the Collect of the Day is meant to gather up the prayers that have been offered silently as the people of God have prepared for worship, then it is appropriate to pause in silence before the Collect. The silent pause provides a moment in which we can come together around the cares and concerns of our sisters and brothers in Christ. My personal practice is to offer a prayer of thanksgiving for each person in the congregation and to bid health and safety for those who are absent. I would encourage each of you to adopt an “arrow prayer” for that moment—a quick prayer focused on intention more than precision and eloquence. Use that pause to be intentional about praying for the parish or for the well-being of those sitting near you in the pew. Or simply offer to God your intention to put aside the burden of your personal needs and wants in order to give thanks and praise to the One with whom we will commune in worship. Pray the pause—and your prayers will be collected with all the others and lifted to the Lord.

Keep those questions coming! *Suz+*



## LIMINAL SPACE: Notes from the In-Between

## Father Christopher's Monthly Message

## “Followers of The Way”

Hello, friends!

This month, I'd like to offer some thoughts on a different sort of “in-between” space than I've written about here before. In past months, I've explored different kinds of transitional spaces which we inhabit as we grow or are transformed from one way of being to another. This time out, as a sort of mini-prelude to the introspective season of Advent, I invite you to contemplate the very idea of religion itself ... and to explore with me the space in between our contemporary concept of religion & the Christian faith, on one hand, and the understanding of religion and Christianity that defined the early centuries of the Church, on the other.

But first, let me try to explain why I've been thinking so much about this particular in-between space, of late.

We've wrapped up our formal adult Sunday school course on Christian discourse & navigating divisive topics. Now, we're embarking on an experiment. Instead of presenting another formal class, we're trying something a little less structured, a little more open and free form. We're still gathering during the Sunday school hour, in the same spot—upstairs in the EfM room—but instead of a class, I'm hosting an open forum for folks to come together and talk about whatever part(s) of the Christian life, faith, and tradition are on their hearts or minds.

I'm calling it (tongue firmly in cheek) “Stump the Priest,” and I'm inviting folks to come and ask whatever they've always wanted to ask about the Christian faith but haven't had the chance to do so. And it's that last piece that's really had me thinking lately about how we, as modern, 21<sup>st</sup> century American Episcopalians, actually define our faith.

What is the Christian religion?

Before we even attempt to answer that question, though, we really need to tackle the other question, the one that lies underneath that first one:

What is religion?

Many of you know that I am a cradle Episcopalian; I grew up in this Church, as I grew up in the United States and in the South, in the downward slope of the 20<sup>th</sup> century. All of those factors have shaped who I am and how I see the world around me, the things I presume to be true on a subconscious level.

So I grew up thinking that “religion” meant “church” and “worship” and that it was something that happened “occasionally” ... once or maybe—*maybe*—twice a week, at most.

On a side-note: I also grew up as the original Star Wars trilogy was first dominating popular culture, and I remember being rather confused when the characters in those movies referred to the Jedi order as a “religion.” *What?* I thought. *They don't go to any church! They don't have any rituals or hymns or anything! How can that be a religion?*

I think perhaps if I had grown up in and around the Mediterranean Sea in the centuries immediately before, during, or immediately after the earthly ministry of Jesus Christ, I might have inherited a very different notion of what religion is—and then maybe the Star Wars reference wouldn't have confused me so much.

You see, there is an ancient understanding of religion that is much bigger, much deeper, and much more interconnected than modern American pop culture might have us believe religion should be. This ancient concept of religion goes beyond defining religion as (merely) a philosophy or a set of teachings (although many of the philosophical schools in ancient Greece would strike us today as having more in common with religion than with academia), or even a set of rituals or ceremonies.

The ancients in many cultures (including those of what we now call the Near East) defined religion as a complete *way of living*. And that included many things which we, as modern Americans, tend to separate into distinct categories: philosophy, history, culture, family & kinship, metaphysics, food preparation & diet, law, biology, astronomy, ethics, worship, politics, poetry & literature, subsistence & economics, etc.

(Continued on page 4)



*(Father Christopher's Monthly Message continued)*

All of these aspects of human existence were integrated into one interconnected world view that shaped every action, every choice of how to order one's life, from sunrise to sunset, so as to live in right relationship with each other and in right relationship with the heavenly realm.

The followers of religious teachers were called "disciples" because to follow such a teacher meant to be "disciplined," to live one's life deliberately so as to emulate the teacher as closely as possible.

Now, to be fair, I don't think for a minute that everyone in the ancient world lived such a dedicated and disciplined life. In fact, most folks probably didn't. But for someone to go to the trouble of converting to a particular religion probably did mean that such a person would be taking on a new way of living, and therefore would be making a much bigger life-change than we today would associate with simply joining a church.

Now, we know that in both Jewish and early Christian communities, there were folks who hung out on the edges of those groups—interested in the religion, but not fully committed to that total life change I'm talking about. But these were the folks who were not yet converted—they had not yet accepted, for example, the circumcision or baptism required for full membership in those groups. For the folks who had undergone those rituals and accepted full initiation into those groups, however, I think it was much harder at that point for them to be, well, casual about their religion.

I've even read descriptions of ancient Christian baptisms in which the candidate is asked if he or she is ready "to die with Christ"; if the answer is yes, then the candidate is plunged into darkness as well as being plunged underwater—without knowing what's coming next. After being immersed three times (in the name of the Father, the Son, and the Holy Spirit), the newly baptized person is then brought up into the light and partakes in his or her first Eucharist—another mystery that he or she was not allowed to have any knowledge of prior to baptism.

It is intriguing to consider what modern American Christianity might look like if *that* were the way we all had to come into the faith, is it not?

Well, we need not go to such extremes. Still, what I'm inviting all of us to contemplate this fall as we approach Advent is this: to what extent does our Christian faith really pervade and infuse our lives? Are we Christian primarily on Sunday mornings, and maybe for a little while on Wednesdays or Thursdays, perhaps? Are our worship services and rituals ends in and of themselves, or do they serve and a means to some greater end?

These questions are not meant to be rhetorical; they need answering, and each Christian must answer them for himself or herself. But they are neither meant to be answered quickly or superficially. Rather, they represent opportunities to spend time in focused prayer and in conversation with God.

The Christian religion is about ordering our lives, day to day, week to week, year to year, moment to moment, so that we are constantly seeking encounter with Christ: in the inmost depths of our being; in relationship with each other; in sacrament, prayer, and meaningful engagement in the world; in both tranquility and transformation.

Christian faith is not merely a set of philosophies or teachings (although the teachings are crucial); it is meant to be a way of life. The first Christians called the religion The Way for this reason. And they called themselves followers of The Way.

Deep study of Scripture, regular participation in corporate worship and individual devotion, and the ongoing attempt to ever mindful of Christ within us, Christ in others, and Christ in the world around us ... these are the building blocks of The Way, and it is the mission of the Church—of all baptized Christians—to demonstrate this way of living in the world, to invite everyone to share in it, to teach it, and to support each other in our efforts to come closer to Christ and to live out our faith in the world.

It ain't easy. It was never meant to be.

That's why we need each other on The Way.

*Christopher+*





## CARE OF PEOPLE

*Love with the Heart of Christ*

### All Saints' Day and All Souls' Day

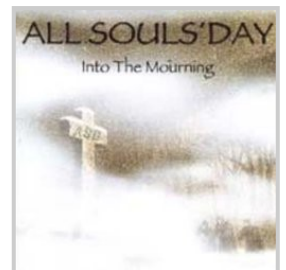
All Saints' Day (also known as All Hallows' Day or Hallowmas) is the day after All Hallows' Eve (Hallowe'en). It is a feast day celebrated on November 1 in the Christian church. It is an opportunity for believers to remember all saints and martyrs, known and unknown, throughout Christian history.

The Feast of All Saints falls on Thursday this year, and we will celebrate that Principal Feast of the Church at our regular Thursday service at 5:30. Music on Thursday evenings is lead by a special music team: Anne Wilkerson, Fr. Christopher Wilkerson, and Brad Russell. The Feast of All Saints' gathers up the commemorations of all the heroes of the faith, sung and unsung, into one glorious celebration! Join us **Thursday, November 1, at 5:30 pm at Holy Trinity** for Holy Eucharist, prayers of healing, and songs of joy.



All Souls Day (November 2) is a time when we particularly remember those who have died. The prayers appointed for that day remind us that we are joined with the Communion of Saints, that great group of Christians who have finished their earthly life and with who we share the hope of resurrection from the dead.

Join us **Friday, November 2 at 12:15 pm in St. Paul's Churchyard** for a commemoration of all faithful departed.



### November First Sunday

Our upcoming First Sunday service will be November 4. We will not have Children's Church that morning so that families can worship together. If your child would like to be a Lector or Intercessor, please let Mother Suz know.

### Nursery on Sundays

Our normal nursery hours have resumed—the nursery will be open from 9:15 am—11:45 am.



### Tip from the Pastoral Care Team



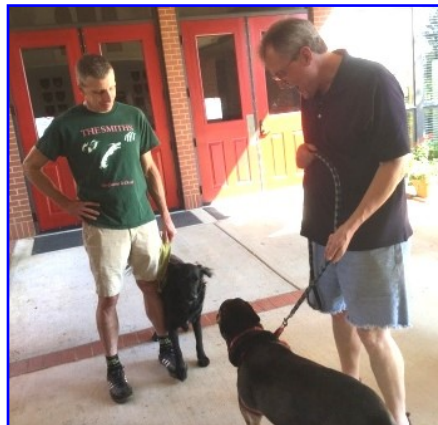
Enjoy this: Subscribe to Aging Care's Electronic Newsletter for *free*: [www.agingcare.com](http://www.agingcare.com)

Learn how to be a great caregiver and take care of yourself, too. For more articles and ideas, check out the Pastoral Care Resource Center in the Parish Hall.

 *CARE OF PEOPLE*

**Blessing of the Animals**

The annual Blessing of the Animals took place at 3:00 pm, Sunday, October 8 in the breezeway at Holy Trinity. In this celebration of the Feast Day of St. Francis of Assisi, all pets and their humans were welcome to this brief service of prayer for our furry and wiggly animal friends. All people are welcome to join in prayers of thanksgiving for Nature and all who dwell therein.





### Mid-Week Holy Eucharist

Join us at 5:30 pm on Thursday evenings for Holy Eucharist that will include Prayers of Healing and Anointing of the Sick. All are welcome to celebrate the Eucharist together.

### Come Sing With Us!!



Holy Trinity Choir welcomes all voices to join us for the 2018-19 season. Rehearsals are on Wednesdays from 7:00 pm -8:30 pm upstairs in the Parish Hall. No auditions! Everyone is welcome!!

*"Therefore I will praise you, LORD, among the nations;  
I will sing the praises of your name." Psalms 18:49*

### Community Bible Study

Join us for an ecumenical Bible study designed to help participants in engaging with the Bible on topics from poverty, hunger, displacement, racial inequity, and the care of vulnerable populations. The group will begin by using The Social Justice Bible Challenge, a book that is part of *The Bible Challenge*, a global initiative to encourage daily engagement with scripture and an exploration of the Word of God.

Copies are available upon request. We meet in the Parish Hall on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month at 7:30 pm. This group is open to anyone in the community who wishes to participate.

### Worship in the Chapel Anytime\* Day or Night!

The chapel door is once again unlocked. Can't sleep at 4 am? Come pray. Heading home after dinner downtown? Stop by and make a joyful noise before the Lord. (The acoustics are great!) Pray the daily office, meditate, or praise God's name with dancing. All are welcome—just make sure you stay within the chapel (transept) so you don't trigger the alarm in the Nave. That noise may not sound very joyful to your ears.

\*Almost anytime: We do lock the door on football game days.

*"Rejoice always, pray without ceasing, give thanks in all circumstances;  
for this is the will of God in Christ Jesus for you."*

—Thessalonians 5:16-18





# CARE OF PEOPLE

### Choral Evensong at St. Paul's

There was a very special service of thanksgiving at St. Paul's on Sunday, October 21<sup>st</sup>. The service was well attended. Our 5:00 pm Evensong was offered to the glory of God and as an expression of gratitude for the gifts that have been poured out for the maintenance and renewal of the physical spaces at St. Paul's.

We gave thanks for the workmen who painted the interior with such care that the historic surfaces have been preserved. We gave thanks for the care and advice that we have received from TreeSouth in tending to the magnificent trees in the churchyard. We also gave thanks for the newly paved parking area.

We gave thanks to the Episcopal Diocese of Upper South Carolina, the dedicated volunteers at the St. Paul's Thrift Shop, the St. Paul's Committee, the St. Paul's altar guild, the St. Paul's custodian, and to an individual benefactor for the generous financial support that has made this work possible and has ensured that we will have the resources to take care of our mother church for the foreseeable future.



### Episcopal Day School Sunday

The Day School has been a part of Holy Trinity Parish since 1960. Directors of the Day School have been Mrs. Rose Huff (1960-1969), Mrs. Evelyn Goodman (1969-1983), Mrs. Sally Morrell (1983-1995), Mrs. Karen Keinath (1995-2006), and Mrs. Suzanne Watkins (2006-present). From the very beginning, the Episcopal Day School has started every morning with a chapel service for the children. The Day School has always emphasized that each child is a child of God and is loved.

The staff of the Day School is a loving, caring group of dedicated teachers. Several of the teachers attended the 10:30 am service on October 7, 2018. Our children sang a special song for the congregation. Following the service there was a celebration for the Day School and its staff featuring barbecue, fun and fellowship.







## CARE OF PEOPLE

### Highlights of Health Research\*



**Minimize Risk of Cancer** — Eight recommendations to minimize the risk of cancer are: (1) Be as lean as possible without becoming underweight; (2) Be physically active for at least 30 minutes every day; (3) Avoid sugary drinks and energy dense foods (due to correlation with obesity); (4) Eat more of a variety of vegetables, fruit, whole grains and legumes such as beans; (5) Limit consumption of red meats (such as beef, pork and lamb)—11-18 oz. per week max. Avoid all processed meats; (6) If consumed at all, limit alcoholic drinks to 2 for men and 1 for women a day. (12 oz. beer, 5 oz. of wine, 1.5 oz. spirits); (7) Limit consumption of salty foods and foods processed with salt (stomach cancer); (8) Don't use supplements to protect against cancer. *American Institute for Cancer Research.*

**Blood Pressure Medications and Dementia** — A meta-analysis (scientific analysis) of 6 long-term studies showed that older adults who took any class of anti-hypertensive medication were less likely to develop Alzheimer's disease (AD) and all-cause dementia, compared with those who did not use blood-pressure medication. Findings also applied to carriers of the gene for AD. A second study presented at this conference reported that patients with hypertension who decreased their systolic blood pressure below 120 had a 19% reduced rate of developing mild cognitive impairment (MCI) and a 15% decreased incidence of MCI and dementia combined, compared with patients who had a target (systolic blood pressure) of less than 140. *Alzheimer's Association International Conference.*

**CT Scans and Brain Cancer** — Children who underwent CT scans were more likely to develop brain tumors than children in the general population. *Journal of the National Cancer Institute.*

**Stress and Stroke** — Women 45 and older with high or very high levels of psychological stress were 44% more likely to have a stroke and 18% more likely to have a heart attack, compared with those with low levels of stress. Men (aged 45-79) with high or very high levels of stress had a 30% increased likelihood of a heart attack. *Circulation.*

**Exercise and Heart Failure** — Women (50-79) who got at least some physical activity had an 11% decreased risk of heart failure, while those who were most physically active were 35% less likely to develop heart failure, compared with those who did not exercise at all. Researchers said that walking works as well as more vigorous exercise. *JACC: Heart Failure.*

**Sodium and Cardiovascular Disease** — Researchers followed 94,000 individuals (ages 35-70) for an average of 8 years and found an association between high sodium intake (greater than 2.5 teaspoons daily) and increased risk of cardiovascular disease and stroke. Sodium consumption of less than 2.5 teaspoons daily was inversely associated with heart attack and total mortality. *The Lancet.*

**Increase in Tick-Mosquito-Borne Diseases** — Tick-mosquito-borne diseases have increased threefold in the U.S. between 2004 and 2016. Experts say temperature shifts due to climate change are a contributing factor. *Centers for Disease Control.*

**Diet and Sleep** — A diet high in tryptophan, B vitamins, and magnesium encourages melatonin production and secretion, promoting quality sleep. Dairy products, nuts, and lean meats (especially turkey) are good sources of all 3 nutrients. Fish, pulses, beans, and lentils provide at least 2 of the 3. *The Conversation (Australia).*

**Flu Shots** — A poll of 1200 American adults found that 31% report that they will not get flu shots this year. *Stericycle.*

\*As reported in *ANA SmartBrief* (A regular briefing from the American Nurses Association for its members) from July 19, 2018 to October 19, 2018. Unless otherwise stated, the results below were reported by only one study during the time period given above; it is possible that similar findings may have been reported at other times. The source for each study is given following the brief report of results. All suggestions for this column are welcome at any time: [marymartof@gmail.com](mailto:marymartof@gmail.com)

 **FORMATION**

*Think with the Mind of Christ*

**Oktoberfest**

At 6 pm on October 26 Holy Trinity celebrated its 3rd annual Oktoberfest! A fun night of German/German inspired food, beers/sodas and music! Everyone who attended enjoyed themselves! Mtr. Suz also blessed the Halloween costumes.



**Trunk or Treat**

On Sunday, October 28, from 4:00—6:30 pm in the parking lots around For Hill, First Baptist, and St. Andrew, Holy Trinity participated in a fun Trunk or Treat afternoon with the kids. There were games, giveaways, food, and yes... a little candy!





### A Word from the Family Ministry Committee

Fall is such a wonderful time of year! We love it when our parish family comes back together after summer activities that take us in different directions and often away from Holy Trinity. We especially love seeing how the children have grown and changed even over a short few months.

Here are a few things the Family Ministry Committee has been working on this semester:

- We are experimenting with offering lunch after the First Sunday family services. The first of those lunches was a BBQ picnic on Day School Sunday (although the weather didn't cooperate). Look for more in the months to come.
- The committee also hosted a Mom's Night Out in September. We had over fifteen mothers of pre-school and school age children come for food and wine provided by a group of mothers whose children are older. Everyone had a great time and we plan to do this again in the spring. If you were unable to attend in the fall, come join in the fun next time. The more, the merrier!
- We are planning a Pie Social. This will be a fun, family event in the afternoon. Details to follow.
- Additionally, the Family Ministry Committee rearranged the parish hall to create a space that is more welcoming to visitors and newcomers, more family-friendly and safer for multi-generational use. Specifically, we moved the coffee from behind the doors to the kitchen to the main room so it is easy to find and we created a space for children to play while their parents enjoy breakfast and fellowship in nearby tables. We received feedback on these changes and we are modifying our plan to address those concerns.

The Family Ministry Committee has wrestled with the best way to manage the varied needs of all in our community when we gather in one space. Having parishioners from all generations worship, work and play together is one of Holy Trinity's greatest blessings, but it also brings challenges. We are constantly trying to balance the needs of each member with the safety and concerns of others.

We are aware that:

- Our youngest members are still learning how to integrate into the broader world around them.
- Our school-aged children are learning to channel their wonderful energy, passion and enthusiasm to make positive changes in their own lives and of those around them.
- Parents of young children are often exhausted from the additional responsibilities of parenting and come to Holy Trinity seeking a community that loves, cares and supports them and their families.
- No matter how diligent a parent is, children will run or dance or play without awareness of those around them.
- Some adults are not accustomed to being around children and are concerned about their safety when children are moving around them.

Rather than posting signs that outline specific rules of behavior, we believe that a tender word from a concerned adult might be more effective. We know that it takes a community to help children grow and learn as well as to help keep all members of our family safe. So, the next time you see a child running in an unsafe place, try getting down on the child's level and using a compassionate and respectful tone and manner to ask the child to walk. Sometimes kids get excited to see their friends and they forget.

If you see a child walking with food, help clear the path so the child can reach the table without jeopardizing the stability of an older parishioner. The child may be focused on not spilling the plate or cup and lack awareness of others.

If you see a child looking for something from the kitchen, ask if you can help. The kitchen is not a safe place for children.

And when you see children playing in the designated play area or running in the lawn surrounding the parish hall, take a minute to enjoy their energy and enthusiasm and wonder. That is exactly what those spaces are for!

*(Continued on next page )* →



*(Family Ministry Committee continued)*

We all have to work together when we are sharing the same space. And when you see children playing in the designated play area or running in the lawn surrounding the parish hall, take a minute to enjoy their energy and enthusiasm and wonder. That is exactly what those spaces are for!

The highest goal of the Family Ministry Committee is that families, young and old, find their home at Holy Trinity. To that end, we ask parishioners to be kind, loving and patient with our children and their families. Like most of us, children are works-in-progress. We encourage you to take time to enjoy their progress along the way. Be patient with parents, too, as they work with their children. Many of these parents are juggling Sunday school responsibilities, serving beverages, managing coffee and produce or tending to other church business while also trying to get their children where they need to be.

That said, we recognize that some prefer more quiet than the parish hall allows. You might try moving your conversation to the library. It is a great place for parishioners who wish to enjoy breakfast or Sunday mornings in a quieter environment than the parish hall allows. New lighting has improved visibility in this space and the table provides space for dining.

We do ask that parishioners observe these basic safety guidelines:

- The elevator should be reserved for those with limited mobility.
- Adults should accompany children in the kitchen.
- Adults should accompany children in the parish hall after the 10:30 am service and at other times when there are no supervised activities happening inside.

Holy Trinity is blessed with a community that spans the generations – families with young children and youth, families whose children have just left the nest, college students, professionals – both young and not so young, seasoned retirees and everyone in between. Each parishioner comes seeking something special from and brings something special to our parish family. Each brings a different perspective and a unique gift to our community.

Our prayer is that we all know and feel God's love and presence each time we gather and that we are energized to carry that light into the world, no matter how far each of us goes.

We welcome anyone who wishes to be involved in our work. If you have any questions, concerns or insight about our committee's work, we welcome your thoughts. You may e-mail Sarah Maiberger at [pamstm@bellsouth.net](mailto:pamstm@bellsouth.net) or reach out to any of the committee members listed below.

Thanks be to God for His Indescribable Gifts! We are so grateful for each of you,

The Family Ministry Committee: Bill Purkerson, Cara Robb, Carolyn Wheeler, Mary Beth Johnstone, Sarah Maiberger, Chairman, and Will Mayo.

*P.S. Recognizing that many who serve at coffee hour, lead children's chapel and/or sell coffee to support parish outreach, are also caring for their own children, perhaps you might feel called to volunteer of your time in one or more of these roles. Please reach out to Shannon Quattlebaum or any member of the Engagement Committee to find out how you can get involved in these capacities or others. We believe you will be as ministered to as those to whom you minister in the process.*

*Sarah Maiberger*





# FORMATION

## An Update from Canterbury

We have had a very busy semester so far – full of fellowship, prayer, spiritual growth, and many new faces. It is incredibly hard for me to believe that November is here. This semester, we have maintained our traditional weekly gatherings on Wednesday evenings with dinner and either a program or Eucharist. We are so grateful to everyone who has generously prepared dinner for us. For many of us, it is the meal highlight of the week!

In September, several Canterbears participated in the first *CU Pilgrimage of Truth-Telling and Remembrance*, a historic walk around Clemson University focused on history and reconciliation with an emphasis on prayer and spirituality. This was a great starting point for many important conversations about Clemson's history and race relations. We went to several sites around the university that I have never been before, so it was an eye-opening experience for me for sure. This experience further validates the message of our first program of the semester: the importance of storytelling. For our first program, everyone drew road maps of their lives, both spiritual and physical, that has led them to Clemson and specifically to Canterbury. Through sharing experiences, we were able to get to know each other better. The only way we can learn about others and truly broaden our perspectives is through listening to others.



A few weekends ago, Canterbury made the trip to North Carolina. The retreat provided ample time to rejuvenate our prayer lives and to rekindle our relationships with God amidst the stresses of college life and midterms. We went for a hike, and we made it to the top of Lookout Mountain in Montreat, NC. At the top, we worked on prayer boards, discussed thoughts about the hike, and, of course, took some photos. For me, the hike highlighted the importance of staying in the present moment. If you look too far ahead or too far behind on the trail, you will most definitely trip over tree roots. We made a quick stop in Asheville before heading back to the house where we ended up watching the Prince of Egypt and discussing some interesting topics regarding the movie. I am so thankful for the opportunity the retreat provided to strengthen the Canterbury community.

After our successful evening of pumpkin carving two weeks ago, we are looking forward to finishing the semester strong with an advent wreath-making event for Canterbears, and potentially anyone from the university who would like to join us. This would be a great way for us to spread the word about Canterbury to other Clemson students while also celebrating this special time in our liturgical calendar.



As a closing note, I just want to thank Holy Trinity for the continued support of our Canterbury community. Canterbury has been a cornerstone of my Clemson experience, and everyone's support continues to make Canterbury a very special community for the rest of the crew and me.

God's peace,  
*Aynsley Hartney*



## Kanuga Parish Weekend 2019

Blessed Are the Peacemakers: Start Close In

Friday, March 1-Sunday March 3, 2019



**You don't want to miss our weekend at Kanuga!** We return to that bit of heaven on earth March 1-3, 2019. Bring the family, join old friends and make new friends while we learn about finding inner peace and wholeness. Our time together will include worship, program, fellowship, singing, and plenty of refreshment for body, mind, and spirit. We'll leave plenty of time for you to relax in a rocking chair, go for a hike, or take a nap!

Kanuga is a conference, retreat and camp center affiliated with the Episcopal Church and is a beloved haven of spiritual refreshment for many Episcopalians. Nestled on 1,400 peaceful acres in the Blue Ridge Mountains near Hendersonville, NC, Kanuga's historic setting features a 30-acre lake, and 20 miles of hiking trails. The Kanuga Parish Weekend is a long-standing tradition of Holy Trinity Episcopal Parish.

### Program

#### Blessed Are The Peacemakers: Start Close In

Inner peace and inner healing may seem like elusive topics. But before we can change our families, churches, or communities, we often need to change ourselves. For Christians, that might mean exploring our understanding of God and our understanding of our Selves, because knowing God and knowing Self are actually inseparable. Why is your image of God important and how did you get it? Why is inner peace important, and how can we participate in pursuing inner wholeness? What does it look like to finally get to a place of self-understanding, self-compassion, and self-acceptance? This session will take a look at these questions. Bring a journal, and open heart, and a curious mind.

### Presenter

Amy Sander Montanez, D.Min, LPC, LMFT [www.amysandermontanez.com](http://www.amysandermontanez.com)

Amy is a therapist, spiritual director, coach, retreat leader and writer in private practice in Columbia, SC. She specializes in working with clergy and seminarians, and is also known for her compassionate work with couples. Her first book, *Moment to Moment: The Transformative Power of Everyday Life*, won Spirituality and Practice's top 100 books of the year in 2013, and she has won six National Polly Bond Awards for her work in spiritual writing. Her most recent blog, *Life is Messy, Life is Marvelous*, can be found at [messymarvelous.com](http://messymarvelous.com) or on Facebook at [messymarvelous](https://www.facebook.com/messymarvelous).



Registration forms are available in the church office and in the Parish Hall. You may also register and pay online at this URL: <http://holytrinityclemsontn.org/kanuga>

**Save the date!** Amy Montanez will present a Lenten Program on Forgiveness at Holy Trinity Episcopal Parish April 5-6, 2019, as part of our Richard Hooker Lecture Series.



## FORMATION



Canterbury  
of CLEMSON

**Hello Canterbury Cooks!** Canterbury is our college ministry for students at Clemson, Tri County Tech, and other area colleges. Volunteers from Holy Trinity prepare and serve supper for this group every Wednesday at 6 pm in the parish hall (the kitchen is available for food preparation). The students are so appreciative of this time together for good food and fellowship.

Almost all of our Canterbury evening meals have been matched with volunteers. *THANK YOU!* We only have one more evening that needs a cook: **Wednesday, December 5**. If you're able to cook and serve that evening, please contact Sue Smink at 864-557-4500 or email [ssmink55@gmail.com](mailto:ssmink55@gmail.com).

*Sue Smink*

### What's New in Adult Sunday School?

**aka Everything You've Always Wanted to Know about God, Jesus, the Holy Spirit, the Church, Theology, Faith, etc. But Were Afraid to Ask**

Hello, Friends!

Our next Adult Sunday School "course" is from October 21 to November 18. I put "course" in quotation marks because what I've got in mind won't really be a class, per se – not in the way that our course on Christian discourse and divisive topics was. Instead, for these five weeks, I'm inviting ya'll into a rolling, ongoing, informal conversation: Adult Sunday School for this five-week period will be a gathering space for asking questions and exploring whatever aspects of our Christian faith and/or Episcopal/Anglican tradition are on your minds and your hearts. If you want to have some fun with it, think of it as a game of “stump the priest”: Come to Adult Sunday School and bring all of your thorniest, most difficult questions with you. But also bring your sense of wonder at God's grandeur and gratitude for God's grace... and don't forget to bring your sense of humor, as well. I'm looking forward to seeing where our explorations will lead us, so come be a part of the conversation!

Peace,  
*Father Christopher*



## FORMATION

### Altar Flowers



We have some blank spaces available for flower donations. If you have a special date coming up and would like to donate the altar flowers in celebration of an anniversary, thanksgiving for a friend, or in memory of a loved one, please fill out the notebook in the Narthex.

Please note that, following our Sunday services, these flowers are taken by volunteers to various locations that could use some brightening up: The Downs, Cottingham Hospice House, and others.

### Contemplative Group at Clemson University

All are welcome to a contemplative group that meets at Cooper Library, room 109, at Clemson University on Mondays from 12:15 to 1 pm starting September 10. Depending on interest, we do *Lectio Divina*, *Contemplative Prayer*, or the *African Bible Study Method*. Please address questions to Mtr. Suz Cate, email [scate@holytrinityclemson.org](mailto:scate@holytrinityclemson.org) or Pam Mack, email [pammack@clemson.edu](mailto:pammack@clemson.edu).

### Meet & Minister



Would your Ministry Team or Bible Study Group like to meet in the church office? We now have two great spaces—a traditional conference room and a more casual room that has a sofa, loveseat, and small table.

If you need to use one of these spaces, please contact Kara Hollandsworth at the church office (864-654-5071 ext. 0) to reserve the room. She'll confirm what room is available and will add your reservation to the church calendar. Thanks!

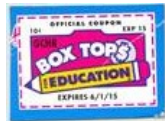


# CHURCH AND THE WORLD

*Act in the World as the Body of Christ*

## SUPPORT OUR EPISCOPAL DAY SCHOOL

Here are three simple ways *YOU* can help the Day School:

1. **Ingles Tools for Schools Program, School ID#22875** – Go to <http://www.inglestoolsforschools.com/>, select the “Link Your Card” link, select “Episcopal Day School” as the school you want to support, and enter your name and Advantage Card number (**needs to be done at the beginning of EACH school year**). When you make purchases using your Ingles Advantage Card, Ingles will give back to the school a portion of those sales.
2. **Clip, collect and bring Box Tops for Education to the Day School.** Drop clipped box tops off at the Day School office (there is a grey deposit box beside the office door), in the canister in the church office, mail them, or send them to school with a Day School student. 
3. **“Like” the Episcopal Day School Facebook page** at [www.facebook.com/EDSClemson](http://www.facebook.com/EDSClemson). Please consider leaving a positive rating/review of the Day School on the Facebook page, too. Ratings and reviews are powerful marketing tools for our wonderful preschool!

## Race & Reconciliation Workshop offered November 11



Allow story-telling to increase your understanding of race and reconciliation. Join members of the Episcopal Diocese of Upper South Carolina's Race and Reconciliation Committee for a workshop on Sunday, November 11, from 1:30 to 5 pm at Grace Episcopal Church, Anderson. This workshop will include looking at stories you may have learned growing up as well as hearing stories from members of the committee and considering how all of these inform our understandings.

Please email Mary Jeffers at Grace, [jeffers6sc@att.net](mailto:jeffers6sc@att.net), if you will attend.



**CLEMSON DOWNS**

## Brighten a Senior's Day: Volunteer at Clemson Downs

For the past 20+ years, many of your friends and neighbors have served as volunteers at Clemson Downs Retirement Center. You may choose the job most suitable for you and your schedule. Giving two hours a week, bi-weekly or monthly will bring pleasure to others and to you. Please call Wendy Longo, Membership Chairperson, at 722-5477 to set up a time when you can find out more about this very worthy program.





# CHURCH AND THE WORLD

## Episcopal Day School

Children have been busy building friendships and growing new knowledge at the Day School. The 3K and 4K classes enjoyed field trips in October to Clemson University's Brooks Center to see Tri-ART Performances, "Jigsaw Jones and the Case of the Class Clown" and "Nugget and Fang." Many school families were delighted to have Mtr. Suz bless their pets on October 1<sup>st</sup>. (Ed. Note: See the next page for pictures.) The students were excited to have Clemson University Fire Department visit on October 12<sup>th</sup> for National Fire Safety Week. Firemen spoke with the children about the importance of having smoke detectors and a fire evacuation plan. The Day School practices its fire evacuation plan by having a fire drill every month. Day School Spirit Week was full of smiles and fun, October 16<sup>th</sup> through 19<sup>th</sup>. They had a Silly Socks & Wacky Hair Day, Class Colors Day, Favorite Character Day, and Clemson Tigers Spirit Day! You can see more about what is going on at the Day School at <https://www.facebook.com/EDSClemson/>.

November will be another exciting month for students at the Day School! The school families and staff will join for a *Stone Soup Celebration* on the 17<sup>th</sup>. All the children will help with preparations by bringing in vegetables for soup to be made, mixing up and baking cornbread, and making decorations for the tables. At the celebration, all will enjoy a tasty soup and a performance by the students while remembering the importance of working together, sharing and community.

The school's annual Poinsettia Fundraiser has begun! Roebuck Greenhouses has provided beautiful plants to us for the past 20 years. Poinsettia colors available are red, white and pink. The 6" pots are \$11.00 and the 8" pots are \$18.00. Orders with payment are due by Sunday, November 25<sup>th</sup>. Checks should be made payable to: "Episcopal Day School." Order forms and payments can be left in the gray deposit box beside the school office door or in the church office in Suzanne Watkins' mailbox. The poinsettias will be available for pick-up on December 13<sup>th</sup> and 14<sup>th</sup> in Holy Trinity's parish hall. Please ask your family, friends and neighbors if they would like to purchase some poinsettias to support the Day School. These plants make wonderful Christmas gifts and decorations!

In-house registration for the 2019-2020 school year will begin in January 2019 for Holy Trinity Episcopal Church members and currently enrolled Day School families. Open enrollment to others in the community will begin in February 2019. If you have questions about the Day School, please contact Suzanne Watkins at [swatkins@holymtrinityclemson.org](mailto:swatkins@holymtrinityclemson.org) or (864) 654-0298.

Thank you,

Suzanne Watkins  
Episcopal Day School Director





# CHURCH AND THE WORLD

## Episcopal Day School Photos

Blessing of the animals on October 1:



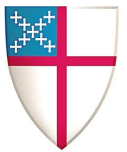
## Minister's Cook-Off



The 16<sup>th</sup> annual 16th Annual Ministers Cook-off: Bring your appetite to the Christian Life Center of Clemson United Methodist on Thursday, November 1 from 5:30-7:00pm. Ministers from 14 area congregations will show off their culinary skills in support of Safe Harbor shelter for victims of domestic violence. Taste tickets (\$1 each) will be available at the door. Come taste delicious food and see your friends from throughout the Clemson area.

## Did You Know?

Church members are required to have an Episcopal Church sticker on cars parked at Holy Trinity. They are free, but you need to contact Lynne Farmer in the office to get one.



## Singing Rooster Coffee

Support our Neighbors in Haiti: Drink delicious Singing Rooster Coffee! Available in whole bean or ground, French, Vienna, or decaf. Also available as Cange Kups!

Fresh inventory of *Singing Rooster Coffee* and *Chocolate* available after each service. Remember that all sales support the fair trade Haitian growers and all proceeds support our many parish projects in Cange.

Visit our website: <http://www.singingrooster.org/cange/>. Remember that 70% of the proceeds from each sale go directly back to Haiti.





# CHURCH AND THE WORLD

## ECW News

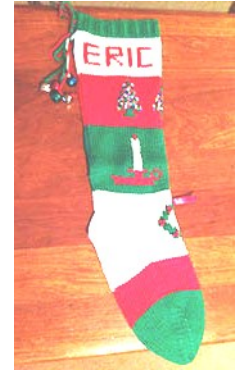
### Hand-Made Christmas Stockings

A long standing tradition at Holy Trinity Episcopal Church, these hand-knitted wool-en Christmas stockings are made with love and will be treasured for many years to come! They are individually, painstakingly embellished and personalized with the name(s) of your choice by a dedicated group of parishioners.

Personalized Christmas stockings make wonderful gifts for new parents, families, and newlyweds! These beautiful heirloom quality, hand-made Christmas socks are priced at \$75.00 each. All proceeds to go support local charities.

Please contact Amy Agosti not later than November 30<sup>th</sup> at 864-650-3145 or [akagosti@att.net](mailto:akagosti@att.net) with your order or for your convenience, online ordering is now available at

[https://docs.google.com/forms/d/e/1FAIpQLSfgEaGD36yDnj1ygsdam2b\\_TO-X5eVYGIyzut0JJvkdyXI0qQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfgEaGD36yDnj1ygsdam2b_TO-X5eVYGIyzut0JJvkdyXI0qQ/viewform)



### Festive Flag Banners

Clemson flag banners and celebration flag banners are being made for the ECW bazaar this year. The Clemson flags are made using a variety of Clemson materials and can be personalized with your name or "Tigers" or "Clemson". These make great tail gate banners with your name on it.



The celebration banner is made of bright cheerful colors and can be personalized with "Happy Birthday", "Celebrate" or a child's name. The Festive Flag Banners are approximately 10 feet long.



There will be some at the bazaar with no words. If you would like one personalized, it will have to be ordered by November 1<sup>st</sup>. Festive Flag Banners will cost \$30.00 each. To order one please call or email Carolyn Wheeler at 654-2311, [cslwheeler@hotmail.com](mailto:cslwheeler@hotmail.com) or Sally Morrell at 654-5607, [sallym29631@gmail.com](mailto:sallym29631@gmail.com)



## CHURCH AND THE WORLD

### Stained Glass Ornaments

Stained glass window ornaments for this year are the Healing and the Teaching windows. Like all the windows in the nave of the church, these windows also depict major events in the earthly life of Christ

The Teaching window was given to the glory of God in honor of Girdler and Estella Fitch and Hampton and Judy Jarrell. *He began to teach them many things ... Mark 6:34*

The healing window was given to the glory of God in memory of Temperance Glenn Young Conley. *Your faith has made you well ... Luke 8:45-48*

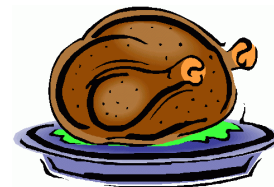


These stained glass ornaments would make wonderful gifts for the special teachers and health professionals in our lives.

These both will be available at the ECW bazaar in December. The cost is \$25.00 each. We will also have a few of the other window ornaments that we have previously offered available.

*Sally Morrell*

### Feed the Hungry



Clemson Community Care is sending out a "Turkey Call" to help ensure that all our neighbors receive a turkey. If you can help us fill this need, bring your turkey to Clemson Community Care during our client hours: Monday–Thursday between 8:30 am - 1:30 pm.

If you prefer, you may purchase a turkey and leave it at the Pendleton Bi-Lo, Ingles, or Publix for pick-up. Distribution begins on Monday, November 12. Thank you for your help in offering others a Happy Thanksgiving!



# CHURCH AND THE WORLD

## Endearing Church Mice

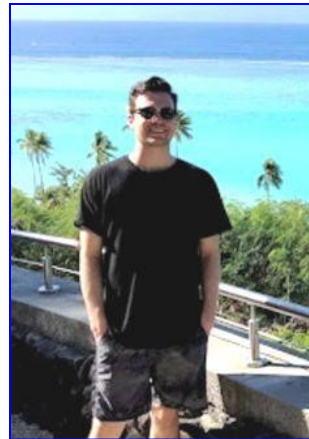
Church Mice have been observed around the church. New this year is a very dignified verger. After attending Father Christopher's ordination and observing the verger there, it seemed only fitting to create our own verger mice. This year there will be several angel mice to fill out the Holy Trinity Church Mice procession. These sell out quickly at the ECW bazaar so come early. All are \$25 and make adorable decorations.

*Sally Morrell*



## Young Adult Service Corps

Zach Jeffers (Upper South Carolina)  
Serving in Wellington, New Zealand  
Blog: <http://zjeffersyasc.blogspot.com>



### What Does Zachary Do?

I work for the Mission to Seafarers in Wellington, New Zealand. The Mission to Seafarers is a global Anglican Mission that provides welfare to and advocates for seafarers, or people that work on ships. The Mission to Seafarers has been around since the mid 1800's and currently operates in over 200 ports in over 50 countries around the world.

The Mission to Seafarers is there to help seafarers in whatever they need, including helping report problems with their employers to authorities, talking with them about their emotional and mental health, visiting them while they're in the hospital, providing access to free WiFi, and helping them get around the city. We don't do anything to try and convert or proselytize, as it is seen as get around the city. We don't do anything to try and convert or proselytize, as it is seen as antiquated, unprofessional, and unhelpful to seafarers who deal with countless problems and dangers on board their ships.

*(Continued on next page)* →



# CHURCH AND THE WORLD

*(Zachary Jeffers continued)*

## What is YASC?

YASC is a program run by the Episcopal Church in America which allows young(ish) adults between the ages of 21-30 to go to a different country to work for a nonprofit or charity that's usually run by an Episcopal or Anglican Diocese. I like to think of it as an Episcopal version of the Peace Corps. If you want to learn more about YASC here's the website: <https://www.episcopalchurch.org/young-adult-service-corps>



## Why YASC?

My friend Kayla, who had been in YASC before, convinced me to check it out when I was applying to jobs back in 2016. At this point in time I had graduated from Clemson University and was managing a bar that I had worked during college. I was managing the bar while simultaneously trying to find a "real job."

I didn't think much of YASC at the time I applied but when it came to making a decision between finding a random sales job (because I still didn't know what exactly I wanted to do), and YASC I decided to go with YASC. I went with YASC because I was struggling with what I wanted to do for work, how I wanted to contribute to society, and how my career would affect the rest of the world. I didn't want to work for just anyone and I didn't want to do something or work for someone that would contribute to the various problems I see in the world.

I saw YASC as an opportunity to do some good and serve others. I knew if I went this route, I would get to help others full time. I would also get to live outside of the U.S. for a year, which was something I had always wanted to do since high school. I also knew that this would be a challenge and would be an opportunity to learn more about myself, and I thought it may give me some insight into what I wanted to do with my life or my career. Little did I know that a year with YASC would turn into two years, and I would get to live not only in Hong Kong for a year but in New Zealand as well for a second year.

To learn more about the Mission to Seafarers you can visit: <https://www.missiontoseafarers.org/>

Or to learn more about the Mission to Seafarers in Wellington you can visit:

<https://www.wellingtonseafarerscentre.org.nz/>

*Zach Jeffers*

# ADMINISTRATIVE

## Notes from the Senior Warden

Beloved Parishioners:

The parish is a busy place and it is hard for me to keep abreast. And, theoretically, I am supposed to know what is going on. Therefore, I can imagine how overwhelmed many of you may feel when you encounter all of the numerous communications from the church and see things happening that you did not know about. I encourage you to read *TEMPO*, as it really does give you an excellent sense of the activities and direction of the church. We should all be most grateful to Iris Reed for publishing and editing this document and making sure contributors meet deadlines.

As always, my goal is transparency. With very few exceptions, any actions, rationales or planning by the Vestry or any committee should be available to any parishioner. If you have questions, please contact me, as I am happy to discuss details of things I mention here or things that I have simply failed to cover. Equally important to me is to address any concerns you might have. I would rather hear these directly than to assume all is well with you or to be concerned that issues are not being addressed.

### Vestry Goals

This month the three Vestry goals stay on course.

1. To increase engagement and participation in the life of the parish. This month Shannon Quattlebaum, Kathy Crouse, Suz and I, either individually or in teams of two, have been attending Neighborhood Groups to address the purpose of the Engagement Survey that Shannon is spearheading and to give parishioners a sense of the breadth of the church committees, teams and activities. The second purpose of our visits is to address the draft of the strategic goals that came from the Vestry retreat. Please try to attend one of these sessions, even if it is not your group, as we need your input on the goals, and we very much need you to complete the survey. The direction of the church depends on your input and on having accurate information. This is an excellent time to give input, as the Vestry at our October meeting started the process of prioritizing the goals. If you would like to know the most current schedule of the Neighborhood Group meetings, please contact Tom Witmer, to whom we are most grateful for conceiving of and organizing these gatherings.
2. To decide on the long-term use of Trinity Place. Under the leadership of Tommye Hurst, this committee continues its work at a very deliberate pace. Recently she, working with Kathy Crouse and the Buildings and Grounds committee, has started an inventory of the contents of our buildings and grounds. Part of this is for insurance purposes, in case we should ever need to replace lost items. However, we are also looking at what upgrades we may need. Finally, we are doing some fine-tuning of how we use our properties, seeking ways to serve better our missions. This is a follow-up to the surveys we did some time back, and it is necessary to go from the ideal to the practical in terms of working with our plan-build team of Trehel Builders/Signature Architects. Very soon, the committee will meet with this group who will then provide us with up to three options for the short and long term. Please see Tommye's article in the October issue of *TEMPO* and the one on pages 27-28 in this *TEMPO*. (As an aside, we were approached recently by developers who are involved in the building of a hotel on the site of the old BB&T bank. They were seeking a parking area and likely other development on our space. A group of us met with them and then separately with our design/build team. While there were elements of what we discussed that may have been beneficial to us, in general any arrangement would have ceded much control of our property to them. Based on input you have given us through recent and past surveys, we felt this was not consistent with the covenant that the leadership of the church has established with you. We have been approached by developers in the past, and, given the location of our property, I can assure you we will be approached in the future. We need to stay the course and decide what is best for our missions.)
3. To communicate the work of the ministry teams so that parish members are aware of their programs and their accomplishments. The communication team continues to work on standardizing the symbols we use to represent Holy Trinity, a process I mentioned in my last report. They also continue assessing the way we communicate with all of

(Continued on next page) →



# ADMINISTRATIVE

*(Senior Warden's Report continued)*

you. In addition, together with Tommye's group, they are looking for ways to make our church more visible from the street, a process that may involve getting variances from the city to have temporary banners until we can get more permanent signage in place. One of our strategic goals is in fact increased visibility, and this is a step in that direction.

## **Financial Information**

Our current Statement of Mission (SOM) currently stands with expenses about \$11,500 over budget, and we anticipate that it may well end the year slightly in the red. As I mentioned last time, much of that is due to the loss of income from pledging parishioners who have died or left. Some expenses are higher and others lower than anticipated, but these more or less balanced out. This is far from a crisis, as it is only about 2% of our total budget and we have plenty of reserves in various funds to cover it.

The current draft of the SOM for 2019 is 5.5% higher than this year (a little less than I previously reported). As mentioned last month, the reasons for an increase are significantly due to a "repayment" of the Anderson fund and personnel changes, including splitting the family minister and secretary position and absorbing the diocesan supplement for Christopher's position in June. In addition, we have included hourly wages for a children's choir director (total of about \$3200) to continue this wonderful ministry started by our devoted Wanda Campbell. Before this was added to the budget, parents were polled and 10 families responded that they wanted the choir to continue. If you would like a more detailed breakdown of changes from 2018, please contact me. However, please know that this SOM is just a base, and a final discernment will have to await the results of the stewardship campaign.

The Vestry approved two motions that originated in the finance committee. One was to increase the football parking fee from \$600 to \$700, which from all the information we have, is still well below the fee that IPTAY members pay in order to have access to equivalently well-located reserved parking. The fact that we have no problem selling the spaces further indicates we are well within their market value. Further, the committee recommended that we use the increase for the Haiti University Fund. This is in keeping with our effort to increase our outreach commitment and will be a welcome augmentation to the separate fund-raising efforts for this purpose. The second motion approved was to shift some of Suz's total compensation from salary to self-employment tax. We pay Christopher's and have done so with priests in the past. Since it is a swap, it will have no impact on our SOM but will provide an income tax benefit for Suz.

The budget that the Thrift Shop committee submitted for the income they will raise in 2019 was approved. This included funds needed for their utilities and for some anticipated capital expenses. The remainder will be divided 75% to local charities and 25% for St. Paul's. The fraction for charities was increased over last year, which, like the parking revenue increases, bolsters our overall commitment to outreach. We should all be grateful for the service of Diana Manly and her volunteers for providing affordable goods to a broad community, their support of the St. Paul's properties and their increasing support of worthwhile charities.

The stewardship campaign is underway and the first week was encouraging. We had 30 pledges and over half had increased their pledge. Please know that the Vestry, the finance committee and the priests do not know any one individual's pledge. Bill McDaniel, our stewardship chair, will keep you updated as the season moves ahead.

## **Other**

In trying to summarize the activity of the various groups and committees, it occurs to me that the collection of minutes and reports to the Vestry that is shared before our meetings could also be shared with you. I am looking into having all these put on the web site for you to peruse. It will certainly give you an idea of just how active this parish is. What follows are just a few highlights from some of these groups.

1. The Episcopal Day School. Their finances are in line with past years and enrollment in the school is at or very near

*(Continued on next page)* →





*(Senior Warden's Report continued)*

capacity. The Board led by Cary Kaye is looking into security issues, optimal use of their space (as part of the Trinity Place initiatives) and, in light of potential pre-schools/day cares opening in the area, finalizing a “positioning paper” authored by Claiborne Linvill. When this document is completed, it will be shared widely.

2. Family Ministry. Under the leadership of Sarah Maiberger, this committee has not only expanded the events and activities they are engaging in, but have risen to the challenge of filling the gap created by not having a staff person in this area. Please see the committee's report in this *TEMPO* (pages 11-12), that includes a beautifully crafted statement of norms for the safe interaction within our multi-generational community.
3. Engagement. This group has also been busy planning events and coordinating many activities. The next one up is Oktoberfest this weekend.
4. Canterbury. Christopher continues to meet weekly with this group, alternating dinner/program with dinner/Eucharist. He is spending part of his office hours on campus to facilitate interaction with students and has regular lunch meetings with peer ministers. He is assembling a team to help plan ways to expand our relationship with this important part of our community.

*Love with the heart of Christ, think with the mind of Christ and act in the world as the body of Christ.*

*Hap*

### Stewardship Campaign Update

#### Stewardship



People give to causes they are connected with and are passionate about. We give to charities, political parties or candidates, to alumni associations, IPTAY, local schools—just to name a few.

This past summer, on a lazy Sunday morning in church, I had this moment. It was soothing and peaceful. I was where I was supposed to be. I was *connected*. It made me realize how this place, this parish, and everyone here makes my life complete. It made me realize how important it is for me to support Holy Trinity with my time and my treasure.

I hope that you too will have that moment. The moment where you realize how much our church family is a part of you and support our Mission for 2019 and for the future. Please consider increasing your pledge this year by at least 5%.

*“For where your treasure is, there will your heart be also.”*

*Bill McDaniel*  
Stewardship Chairman

**Note:** As of 10/31/18, we've received **73 pledges** totaling **\$374,138.00**. **Thank you!** We still have a long way to go to reach our goal so that we can be faithful stewards of this parish we have inherited and minister to our community as the heart, mind, and Body of Christ. For those of you who have yet to pledge, please prayerfully discern in what ways you can support Holy Trinity with your time, talent, and treasure.

**Discover Why Your Neighbors Tithe:** The Stewardship Ministry Team asked some of our parishioners why they support Holy Trinity. Watch the video at <http://www.holytrinityclemsontn.org/stewardship/> and find out what they told us.





# ADMINISTRATIVE

## Notes From Your Junior Warden

*Love with the heart of Christ, think with the mind of Christ, and act in the world as the Body of Christ.  
Making, Equipping and Sending Mature Disciples of Christ*

I never thought I would ever get so excited to install doors! Our previous doors were 20 years old and after lots of use, it was time to get an upgrade. The buildings and grounds committee started the process of researching and budgeting for the doors about 18 months ago. I know they don't look perfect just yet; but I assure you—I am working on it. We have an expert coming in to see what needs to be done to get the streaks out and I am confident that they will welcoming parishioners and guests for years to come. Many thanks especially to Bill Hurst, Henry Pate, Lynne Farmer, and Jim Hylkema for their expertise!

Our grounds are one again, serving as a host to many football fans. With four home football games under our belt, we seem to have the parking business down to a fine science! This is only able to happen due to the wonderful efforts of many parishioners including Jen and Kaleb Ellison, Bill Hurst, Beth Kunkel, Will Mayo, Bill Purkerson and Lynne Farmer. Their efforts in helping park football fans covers much of our debt on Trinity Place. And for that I thank you!

This past Sunday we gathered at St. Paul's to give thanks for the wonderful craftsmanship and dedication for the recent renovations on the interior of the church and church yard. With the help of a grant from the Diocese of South Carolina, we were able to do landscaping and paving of the parking lot. On the inside, we were able to strip all the layers of old paint and give her a fresh coat. I am so thankful that the St. Paul's committee decided to leave the back wall in its natural state so that we can always see the fine workmanship of almost 200 years ago. Many thanks to Bill Hurst, Eric Naeseth, and entire St. Paul's committee for their passion for our historic "mother church." Caring for a historic property is never easy and is absolutely a labor of love.

Many thanks to those have been able to join us at one of the many neighborhood group meetings. It has been a great opportunity to get to meet with many of you to discuss ideas for parish strategic goals. As I mentioned last month, the finance committee and the Vestry are currently prayerfully considering the needs for the 2019 Statement of Mission. We always welcome input from parishioners.

The buildings and grounds committee has partnered with the communications committee (thank you Meredith McTigue!) to finally work on signage of the church. I am so excited to finally get this project off the ground. In addition, buildings and grounds is working with the Trinity Place committee (thank you Tommye Hurst!) to develop an overall inventory and space usage study. Both will be crucial as we continue to examine uses for Trinity Place.

As always, please let me know if you have any questions/concerns about buildings/grounds throughout all our magnificent properties! I continue to be blessed as I serve the parishioners of Holy Trinity as your Junior Warden! As always, please reach out to me with any questions or concerns!

In His Name,  
Kathy Crouse

### Publication Submission Deadlines

If you are interested in contributing content for the weekly *HT Notes* publication and the *Sunday Bulletin* announcements, please have submissions to the church by 5:00 pm each Wednesday. *HT Notes* submissions can be emailed to [htchurch@holyltrinityclemsn.org](mailto:htchurch@holyltrinityclemsn.org).



If you wish to add to the monthly *TEMPO* newsletter, please have submissions to Iris Reed by noon no later than the 24th of each month. (Plan on getting them in on the 20th, if possible.) For the next month, your items should be in NOT LATER THAN noon on November 24th. Submissions for *Tempo* should be emailed to [ibbrh@bellsouth.net](mailto:ibbrh@bellsouth.net). Thank you.



# ADMINISTRATIVE

## November Update from the Trinity Space Committee

Trinity Space Committee's work ahead directly correlates with producing the Long-Term Plan for Holy Trinity's downtown campus. It amazes me how much has been accomplished for this project since July 2017, when the committee was first formed. The Architects have all the information that was collected from the Parish in a variety of ways. We have now organized to assess the space we currently use in our buildings and evaluate each area's long term plan.

Our efforts will be to create an overall plan for our space that represents and provides for our mission needs. The function of each room should be a place that our members and visitors will be able "to love with the heart of Christ, think with the mind of Christ, and act in the world as the Body of Christ." All rooms in both buildings will be evaluated for square footage, programs, ministry needs, finishes and furnishings. This data collection project will also inventory and record all current furnishings and equipment. Each room(s) will be accessed for its purpose (short and long term). This information will help our Design/Build team define future space use in our current buildings and possibilities for future expansion of space for any ministries in the future. By giving everything in each room a life time, we will have good guidelines for space usage, planned maintenance, updates and purchases. With this information our Architect will be able to discern what new spaces would be needed in the future and how Trinity Place can continue to be a positive addition to our mission and ministry.

Our Committee Members include a group diverse in their experience in the life of the parish and in their professional lives. This is a complex project, so, we are also engaging leadership in each ministry to join our teams in evaluating the assigned areas. We want input from people in a variety of age groups with ideas for each ministry's needs, so please let us know if we can tap you for your time and talent. Below is a listing of the areas and the *Committee Members* who are responsible for the final data collection report. The *Team Assistance* column includes, but is not limited to, those from which we will need input. We would love to add your name to any of the Teams listed, so please email Tommye Hurst at [tommymommy@gmail.com](mailto:tommymommy@gmail.com) to join the fun.

Current Areas	Committee Member	Team Assistance
Church/Nave, Sanctuary, Sacristy, and Narthex, Closets	Kathy Crouse and Suz Cate	Nave Committee, Interior Designer and Architect
Administration Offices and Storage	Kathy Crouse, Suz Cate, and Bob Taylor	all office staff and clergy
Office Reception, Kitchen, Bathrooms and Meeting Rooms	Kathy Crouse, Suz Cate, and Bob Taylor	All office staff and clergy Adult Formation
Bell Tower, current parking places, outside entry/drop-off, and garden	Nigel Kaye and Kaleb Ellison	Architect, Bill Hurst, Byron Harder
All Identity and Directional Signage	Meredith McTigue and Darren Linvill	Architect/City Codes, Communications Committee
Parish Hall, Entry Hallway, and Library	Meredith McTigue and Darren Linvill	Family Ministry, Adult Formation, Engagement, and Pastoral Care Committees and Breakfast Teams
Kitchen, Storage Rooms, and Cabinets	Tommye Hurst	Breakfast and Coffee Teams Engagement, and Pastoral Care Committee
Day School and Children's Chapel and Sunday School use of same spaces	Hap Wheeler	Director and Day School Board, Family Ministry Members, Architect
Playground	Nigel Kaye and Kaleb Ellison	Day School Board and Director, Univ. Faculty/ Student Resources for new Design

(Continued on next page) →



# ADMINISTRATIVE

Current Areas <i>(continued)</i>	Committee Member	Team Assistance
Basement	Tommye Hurst and Carol Yardley	Youth leaders, Canterbury, Father Christopher, ECW /Bazaar Ministry, Outreach Committee, Family Promise, Produce RX, and Haiti Ministry
Upstairs Education Rooms	Tommye Hurst and Carol Yardley	Family Ministry, Sunday School teachers, Adult Formation Committee
Upstairs Choir Rooms	Carol Yardley	Becky Bowman

This will be important work for our ability to grow ministry in the future as a downtown church and next door neighbor of Clemson University. Included below is an update on our progress with our initial *Purpose Statement & Strategic Planning* directives.

**Funding Options and Management** — When Phase I plans are approved, the Rector, Wardens, and Treasurer will present funding options.

**Parish & Community Communication** — Our Surveys, parish forums, and *Tempo* articles have continued to communicate with the parish. City of Clemson Planning and Codes office and Clemson University Planning Department have been contacted and are prepared to help us with any questions or needs for land use and connectivity.

**Space Use Planning** — We are half way there! We have prepared floor plans for each floor in the Parish House (Education Building) showing the current use in each room. We will be working from the architectural drawings of the Church and office area in the undercroft. This work will directly influence our planning for the future!

**Design and Construction Management** — We have hired the Design Build Firm of Signature Architects and Trehel Corporation for Long-term Planning for our entire campus. The intention is to hire them for construction drawings and construction work for Phase I of that plan.

God's Blessings,  
Tommye Hurst

"The story of our faith, our very existence, begins and ends with joy.  
Joy at the beginning, joy at the end, joy everywhere in between.  
Joy is God's creation and gift.  
No authentic biblical faith is conceivable that is not permeated with it."

-Eugene Peterson (November 5, 1932 - October 22, 2018)



**Coffee Hour**



Do you enjoy coffee hour as much as I do? This fellowship time after the 10:30 am service is very popular, and we are in need of people willing to host each week.

There is no pressure to put out an elaborate spread – this is not lunch! If you have a friend you can team up with, even better. If you have never done it before but are willing, we will partner you with someone who will help you.

Please call, text or email me and I will arrange a coffee hour date for you: 864-280-0539 or [cdjpt@att.net](mailto:cdjpt@att.net).

Thank you!!  
Cindy Thackham

**NOVEMBER BIRTHDAYS**

- 11/2 Jerome Cribb
- 11/3 Ken Weaver
- 11/5 Jim Harriss
- 11/5 Ann Vaughn
- 11/6 Kara Hollandsworth
- 11/6 Will Mayo
- 11/7 Paul Anderson
- 11/7 Rachel Mayo
- 11/7 Emily Yanes
- 11/10 Carl Dunn
- 11/12 Beck Corontzes
- 11/12 Barbara Piekutowski
- 11/13 Jean Ellen Zavertnik
- 11/14 Van Nielubowicz
- 11/16 Lesley McCabe
- 11/17 Betty Snowden
- 11/19 Dotti Carter
- 11/19 Eric Naeseth
- 11/19 Carol Shuler
- 11/19 Marylou Sigsby
- 11/20 Eliot Murphy
- 11/22 Marge Edie
- 11/23 Molly Dunn-Devine
- 11/26 Kevin Hughes
- 11/28 Heide Temples



November Birth Flower:  
Chrysanthemum



November Birthstone:  
Topaz

**Operating Fund**

**Financial Update as of October 31, 2018**

	<b>Monthly Budget</b>	<b>Monthly Actual</b>	<b>Budget YTD</b>	<b>Actual YTD</b>
Income	\$43,883.00	\$37,858.24	\$438,830.00	\$420,394.70
Expenses	\$43,880.00	\$44,065.07	\$438,833.00	\$437,680.58
Income +/-Expense	3.00	(\$6,206.83)	(\$ 3.00)	(\$ 17,285.88)

**Trinity Place**

Balance on First Citizens Bank Notes as of October 31, 2018  
\$577,714.40