

The Tempo

Holy Trinity Episcopal Church

*A people passionately seeking to
love with the heart of Christ,
think with the mind of Christ, and
act in the world as the Body of Christ.*



NOVEMBER 2019

NOVEMBER CALENDAR

Saturday, November 2

12 pm All Soul's Service, St. Paul's

Sunday, November 3

ALL SAINTS SUNDAY

8:00 am Holy Eucharist
8:45 am Breakfast
9:00 am Bazaar Planning Session
9:20 am Sunday School
10:30 am Holy Eucharist/Baptism
11:45 am First Sunday lunch for all
5:00 pm Holy Eucharist, St. Paul's

Thursday, November 7

5:30-7pm Minister's Cook-off

Sunday, November 10

8:00 am Holy Eucharist
8:45 am Breakfast
9:20 am Sunday School
10:30 am Holy Eucharist
11:45 am Betsy Dunkle Goodbye
4 pm-6 pm Kanuga Coffeehouse

Sunday, November 17

8:00 am Holy Eucharist
8:45 am Bkfst/Goodbye to Wilkersons
9:20 am Sunday School
10:30 am Holy Eucharist
5:00 pm Evening Prayer, St. Paul's
7:00 pm Vestry Meeting

Saturday, November 23

10am-3pm Bazaar and Artisan Market

Sunday, November 24

8:00 am Holy Eucharist
8:45 am Breakfast
9:20 am Sunday School
10:30 am Holy Eucharist
5:00 pm Community Thanksgiving
Service/St. Paul's

ONGOING EVENTS

Sundays

11:45 am Coffee Hour

Mondays

9:00 am Facebook online prayer
11:15-11:45 am Contemplative Prayer
6:00 pm E/M

Tuesdays

11:00 am Reflectionary Bible Study

Wednesdays

1-3 pm Women's Book Group, every
2 weeks, Clemson-Central Library
6:00 pm Canterbury
7:00 pm Adult Choir Rehearsal

Thursdays

10:30 am HE at Corley Center, Clemson
Downs (First Thursday only)
5:30 pm Holy Eucharist, Healing

KEEPING THE FAITH: SUZ'S MONTHLY MESSAGE

My Dear Sisters and Brothers in Christ,

This year, we have based our Annual Stewardship Campaign upon a theme that I pray will extend beyond the campaign to become a focus for this parish for all of 2020. I ask you to join me in praying and dreaming about the ways in which we can expand our thinking about Stewardship beyond fund-raising (as important as that is to the mission and ministry of our parish) to include intentional and purposeful devotion to growth, "the body's growth in building itself up in love."

Growing in love. Growing in faith. Growing in giving. "...speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love." Ephesians 4:15-16

Growing in love. Holy Trinity is on a mission. We call it our mission, but really it is God's. God has called us together as a parish to love with the heart of Christ, to think with the mind of Christ, and to act in the world as the Body of Christ. Everything we do as Christians begins with love. Our mission as a parish begins in love – loving with the heart of Christ. We bring our hearts, showing up to worship, plugging into the source of love, and we grow in love.

As we worship together and place on the altar our offerings of bread and wine, the money that represents our labor, everything on the altar and all the people gathered to worship, are made holy and begin to resonate with God's love. Musically, resonance is the intensification and enriching of a **musical** tone by supplementary vibration—I'm suggesting that when we come together to worship God, who is love, we become attuned to that love and are amplified and enriched by it. We grow in love as we worship God, and we are knit together by that love as we grow.

Growing in faith. Love is the foundation of our faith—in faith we trust that God takes our offerings and uses them for the good of the whole world. Even if our faith is the size of a mustard seed, the resonance of our lives with God's purpose multiplies and strengthens the resulting work of this parish. Just that small seed of faith is sufficient to support our mission to think with the mind of Christ. When that seed is planted in the soil of fellowship with church friends, helping each other in times of trouble and celebrating in times of joy, we grow in faith. And when the seed of faith is nourished in Sunday school or Bible study, or from being challenged by one of Fr. Christopher's brilliant sermons, we grow in faith. When we bring our minds and hearts together in love, resonating with the mind of Christ, we grow in faith.

Growing in giving. And, of course, our mission also sends us out into the world to love and serve the Lord as the Body of Christ. All Christians are ministers of the Gospel by virtue of our baptism. The work of the Gospel isn't just up to professional clergy. As ministers, each of us has a wide variety of jobs to do in the kingdom of God, based on the gifts God has given us. Our giving then is simply an act of love. What we give, whether the gift is time, talent, or treasure, we give for love --for the one who loves us fully and has given us more than we could ever ask for or imagine. In sharing our gifts in ministry in the world, we recognize that our time, talent, and treasure are gifts from God given *through* us to the world. It is precisely that recognition that sets our work as the Body of Christ apart from volunteerism and philanthropy. As the Body of Christ acting in the world, we are growing into the cosmic reality of the kingdom of God. We don't just grow in giving, we grow because of our giving.

All three parts of our mission are necessary: we must support worship, ministry in the parish, and ministry in the world for the whole body **to grow into the fullness of the measure of Christ.**

Grace and peace to all y'all, *Suz* +

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 term*

**Ministry Team Assignments are in
 italics following the name.*

WHY DO WE DO THAT?

What is the difference between All Saints' Day and All Souls' Day?

The commemoration of saints dates back to very early in the Church's history. As the Apostles and other revered followers of Jesus began to die in the first century, their communities came to understand that there is a spiritual connection between all Christians, living and dead. The practice of honoring the departed saints on special days spread quickly. The commemorations of holy men and women proliferated, with local observations creating a need for a more universal calendar of saints' days as the Church grew and became more structured. The first celebrations of a Feast Day for All Saints occurred in the 4th and 5th centuries of the Common Era. For about three centuries, the Feast Day was observed on the first Sunday after Pentecost, which is the date the Eastern Orthodox churches still observe.

The Western churches, Roman Catholic, Anglican, and some other Protestant denominations observe the Feast of All Saints' on November 1, a date that was probably set by Pope Gregory III in the 8th century CE. In the Anglican tradition, All Saints' Day provides the opportunity to celebrate the communion we share with all the saints in light. It is a Principal Feast of the Church (meaning its celebration is required), and is often celebrated on the Sunday following the actual Feast Day when it doesn't fall on a Sunday. All Saints' Sunday is a festal occasion, one of the days preferred for Holy Baptism, and the liturgy of the day is celebratory.

All Souls' is a lesser observance, appointed for November 2, the day after the Feast of All Saints'. All Souls', also observed in some cultures as the Day of the Dead, is a commemoration of all the faithful departed, a time of remembering those whom we love, but see no longer. It is more personal and quite poignant to remember the lives of our own dearly departed. It is fitting that the tone of this observance is more solemn and subdued. Our parish observes All Souls' with a quiet prayer service at noon in the Churchyard at St. Paul's, where so many of our departed parishioners have been interred.

To sum up—All Saints' is a gathering up of all the holy men and women who have been recognized as such through the centuries—we celebrate their examples and their legacy in the Church. All Souls' is our time to remember and honor the people whose faith has touched our lives directly. Both occasions remind us that we are connected with each other and with all those who have ever walked with Jesus.

*Wherefore seeing we also are compassed about with so great a cloud of witnesses.
 ... (Hebrews 12:1)*

Grace & peace to all y'all, Suz+



LIMINAL SPACE: NOTES FROM THE IN-BETWEEN**Father Christopher's Monthly Message**

Hello, Friends!

Last month, I began my column with this paragraph:

By now, I'm sure many of you have read or heard the news that I have recently received a call to journey into the Far North and become the next rector of All Saints Episcopal Church in Appleton, Wisconsin. (And I suppose that even those of you who had not heard that news prior to this moment have, well, heard it now ☺.) It is a bit difficult to believe that I sit here at the ol' laptop composing my penultimate *Liminal Space* column as the Assistant to the Rector at Holy Trinity. As I mentioned in my formal announcement to the parish, I'm experiencing a diverse and complex mixture of emotions—ranging from eager anticipation and excitement, on one end of the spectrum, to deep gratitude for the past 2+ years, to great sadness, to incredible joy, all the way to self-conscious trepidation (which may or may not be similar to overwhelming panic!) at the other end of the spectrum. I will say much more about that in my final column...

It is now time for me to say more about this impending transition, for me and for my family, and for the extended family of Holy Trinity, as well. And now that the time has come, I struggle to find the words. Bear with me, y'all—I may have to wander a bit to get where I'm going.

Hmm. How interesting that such a sentence just popped out. Those words so perfectly characterize significant portions of my spiritual journey. I have a good friend who's a Lutheran pastor (and with whom I went to high school down in south Georgia, a million years ago!). When we reconnected a couple decades after high school, he was finished up at the Lutheran seminary in Columbia and I was in discernment in Spartanburg. He suggested we read each other's "spiritual autobiographies" (something everyone seeking ordination has to write and share, over and over and over again...☺). When he looked at the story of my spiritual journeys, he compared me—at the time, to my surprise—to Moses, pointing out that I had spent many years wandering through various wildernesses in my life as I attempted to follow God's call. I had never noticed that connection until my friend pointed it out, but when he did, I had to admit there was something to it.

Please don't misunderstand me. I am not in any way even remotely trying to suggest that I am some great leader of people. I'm just acknowledging the fact that, for me, the practice of seeking God, of listening intently for God's voice, of at least attempting to follow God's call as best I can perceive it, has led me over the years to places I would never have predicted or imagined I'd be.

Clemson is one of those places. I suppose that now, perhaps, as we are saying our good-byes, it might be safe (or safer!) for me to admit that, when the call came to move to Clemson to serve at Holy Trinity, one of my first reactions on a gut level was ... "Can I really handle *that much orange?*" If I'm completely honest, y'all, I'm still getting used to it.

That's of course a rather innocuous and humorous example of what I'm talking about. Moving to Wisconsin, to a vastly different region, a very different culture, to be at such a distance from anything familiar (to say nothing of being so distant from family) is a much more daunting prospect. On paper, it's not a logical choice. For a lot of reasons.

And yet ...

And yet, I have become convinced that it is exactly what God is telling me to do. Telling us, my family, to do—for this discernment process has been a family affair from the beginning. As I've said to a number of y'all in person already, if I did not believe in my heart that this move is what God wants not only for me, but also for Anne and for Emily & Elena, we would not be going. But I am convinced that the signs have been clear, and Anne has affirmed that that's what she sees, too. And there is more than a little comfort in that, as we face the, again, daunting prospect of uprooting from this home, this community, this family, and trekking north to join another one. It may not make much sense "on paper," but being able to reply to the question "Why are you leaving and going there?" with "Because God commanded it" is, I'm finding, a source of both comfort and strength.

My first *Tempo* column here was about transition, about "in-between times & places." And I've returned to that theme a number of times over the years. I'm beginning to suspect that, in a life of Christian faith, that there is rarely a time when we are not in the midst of some transition or another — if we're paying attention! From that perspective, my entire tenure

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at Holy Trinity has been “liminal.” This place—and every one of you—has been deeply and indelibly part of my ongoing formation, not only as a deacon and then as a priest, but as a Christian and as a fellow child of God. The ways in which you all have helped to shape me are too numerous to list; it is all but impossible to express adequately the thanks I owe to all of you.

I have been taught, challenged, hurt, healed, loved, guided, formed, re-formed, broken, and strengthened—in my love of God, my devotion to Christ, and my faith in the Holy Spirit—as a member of this beloved community of the Body of Christ. Although one should not dare to ask for anything more from any Christian community, I do find myself daring to hope I’ve been, or might be, forgiven, as well.

Because I know I have hurt people in my time here, too. For one thing, it’s just not possible to be in real relationship with other human beings and not sometimes cause hurt (being the flawed creatures that we are), and though none of the hurts I’ve caused here were ever intentional in any way, none of that matters. Things I’ve said and done—and things I’ve failed to say or do—have been hurtful, on more than one occasion. For that, I am deeply sorry, and I do beg your forgiveness.

To say this has been a learning experience would be a gross understatement (as I hope everything I’ve said thus far makes obvious). But I have learned a thing or two in my time here. I’ve learned what it’s like to be part of a parish community that shares a deep, quiet, powerful commitment to Christ. In various other parishes I’ve experienced over the years, it was often difficult to find volunteers for anything, at least without much cajoling, convincing, and outright begging. Holy Trinity has not, in my experience, ever had that problem. Here, if something needs doing—more to the point, if somebody needs help—then someone’s going to make sure it gets done. That’s great witness to the faith of this community!

Likewise, I’ve learned much from my time here about what it takes to be a welcoming community. When I arrived, and especially after my family joined me here, y’all were so warm and so conscientious about reaching out to us to make sure we had what we needed and could start to feel at home. What was really special about that was the authenticity that folks demonstrated—when you’d introduce yourselves and welcome us in, it was always with real sincerity; there was no sense of pretense or of just “going through the motions.” That was very refreshing.

I leave with very few regrets, but one of them is that there are still so many of you whom I have not yet gotten to know more deeply—and some whom I have barely gotten to know at all. It is an unfortunate side effect of a parish that is as full and active and dynamic (and as large) as this one is. Those are all wonderful “problems” to have—to be a sizeable, energetic, and dynamically engaged parish, in a day and age in which so many parishes are struggling to maintain membership and to remain engaged with each other and their communities, is no small thing! But that also means that there are a lot of “moving parts” involved in sustaining a parish like this one, which presents extra challenges in terms of making and maintaining deeper personal connections in the midst of all that important and holy work. You all have taught me more than a little about the importance of balance in ministry!

For my family and me, our time here at Holy Trinity has been delightful, uplifting, challenging, educational, at times difficult, but above all holy. Thank you, and thanks be to God, for the experiences and relationships by which we have been so deeply blessed. Holy Trinity is now part of who I am and who I’ll be, wherever we go in the future, and everything y’all have shared with us will become part of our ongoing ministry. I have no idea whether I’m remotely ready to be a rector, but I know that I am far readier than I’d have been otherwise, for having been blessed to be part of your family here. May the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you, always.

Amen!

Christopher+



 **CARE OF PEOPLE**

Love with the Heart of Christ

DAY SCHOOL SUNDAY AND FIRST SUNDAY

Sunday, October 6, at the 10:30 am service was Day School Sunday and First Sunday. The Children's Choir, led by Leah Durham, gave a delightful performance.



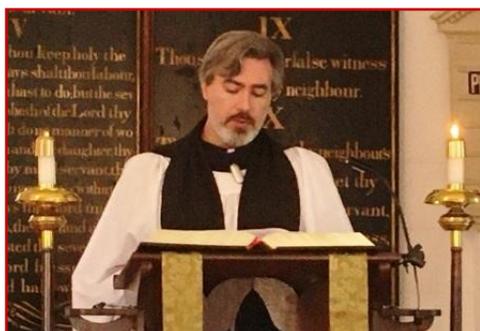
CHURCHYARD TOUR AT ST. PAUL'S

On Sunday, October 20th, at 4 pm, Jim Reed repeated the St. Paul's Churchyard Tour that he gave during the 200th Anniversary of the founding of St. Paul's.



EVENSONG AT ST. PAUL'S

Approximately 45 parishioners attended and thoroughly enjoyed a service of Evensong at St. Paul's on Sunday, October 20th, at 5 pm. Father Christopher was the officiant, Caitlyn Whitehouse was a guest violinist, and Mark Stokes played the clarinet.



HOLY TRINITY CHOIR

On Sunday, October 27th, at the 10:30 am service, the congregation joined the choir in singing the last verse of the offertory hymn, *Down by the Riverside*. Guest musicians were Dylan Gates on the double bass and James Trent on percussion.



ECUMENICAL THANKSGIVING SERVICE AT ST. PAUL'S

There will be a community Thanksgiving service at St. Paul's on the Sunday evening before Thanksgiving—November 24th at 5 p.m. We're seeking volunteers to help lead worship for this service of Evening Prayer. Please contact Mother Suz if you are interested in serving at this service.

 **CARE OF PEOPLE**

BAPTISM

At the 10:30 am service on Sunday, October 27, Teague Mauritius De los Santos was welcomed as the newest parishioner at Holy Trinity. He actively participated in his baptism with smiles, cooing, and laughter. Teague is the son of Lura Forcum and Babur Ivan De los Santos Flores.





CARE OF PEOPLE

Highlights of Health Research*



Change in Leading Cause of Death—Results from two large studies show evidence of a worldwide “epidemiologic transition” in chronic diseases. The leading cause of mortality is shifting from cardiovascular disease to cancer in high-income countries. Cardiovascular disease continues to be the leading cause of death worldwide, but in affluent countries twice as many people die from cancer than heart disease. The Lancet.

Hearing Aids and Dementia—Older adults with hearing loss who used hearing aids were less likely to develop Alzheimer’s disease, dementia, anxiety, or depression three years after diagnosis, compared with those who did not use hearing aids. People using hearing aids were also less likely to have injurious falls. Journal of the American Geriatrics Society.

Vitamin A and Skin Cancer—Data from 125,000 subjects showed that those with the highest intake of vitamin A from dietary sources had a 15% lower risk of developing squamous cell carcinoma. Supplements of vitamin A were not associated with a decreased risk. JAMA Dermatology.

Dangers of Too Much Red Meat—A study of 42,000 women found those who consumed the most red meat had a 23% higher risk of breast cancer, compared with those who consumed the least. On the other hand, women who ate the most poultry had a 15% lower risk than those cardiovascular disease, type 2 diabetes, and overall mortality. Three portions of red meat (about 12-18 ounces) per week are recommended as safe. International Journal of Cancer.

Stress and Outdoor Sports Participation—Stress scores decreased more for people who participated in outdoor sports, such as running, biking, or playing baseball than for people who did indoor sports such as aerobics, swimming, or basketball. Running was the most effective in reducing stress. Mental Health and Prevention.

Probiotics and Respiratory Tract Infections (RTIs)—Two separate analyses found that general probiotic use in the U.S. could save millions of dollars in medical bills and lost productivity related to RTIs. Frontiers in Pharmacology.

Serum Levels of High Sodium/ Low Potassium and Depression—Research involving 84 middle-school boys and girls found an association between high sodium and low potassium (blood levels) and symptoms of depression. The lead author of the study speculated that the high sodium could be related to a diet high in consumption of processed foods and that low potassium, to a diet lacking fruits and vegetables. Physiological Reports.

Sweet Drinks and Premature Death—Researchers followed more than 400,000 adults in Europe for over 16 years and found that those who consumed two or more glasses of sugar-sweetened or artificially sweetened soft drinks per day had a 17% higher risk of premature death than those who consumed less than a glass per month. JAMA Internal Medicine.

Sleep and Heart Attack—A study of 347 participants, ages 40-69, found those who slept less than 6 hours per night were 20% more likely to experience a heart attack, while those who slept more than 9 hours (per night) had a 34% greater risk, compared with those who slept 6-9 hours per night. The findings suggest that there could be a causal relationship. Journal of the American College of Cardiology.

Garlic/Onions and Incidence of Breast Cancer—Moderate and high intake of garlic and onions were inversely associated with breast cancer incidence among women. Researchers also found a 67% lower breast cancer risk among women who ate sofrito, a condiment that includes garlic and onion, at least twice daily, compared with those who never consumed sofrito. Nutrition & Cancer.

*As reported in *ANA SmartBrief* (A regular briefing from the American Nurses Association for members) from July 20, 2019 to October 19, 2019 . Unless otherwise stated, the results below were reported by only one study during the time period given above; it is possible that similar findings may have been reported at other times. The source for each study is given following a brief report of results. Suggestions for this column are welcome at any time to marymartof@gmail.com.



CARE OF PEOPLE

CONTEMPLATIVE PRACTICE IN THE CHAPEL



Take a break with God on Monday mornings. The chapel at Holy Trinity is always open, and all are welcome to stop by and pray at any time. On Monday mornings, any who wish to gather for quiet, contemplative time with God can come together for reflective reading of Scripture and short periods of prayer and meditation.

The leadership of this practice will be shared by clergy and lay participants. We will gather at 11:15 am and conclude by 11:45. All are welcome.

MID-WEEK HOLY EUCHARIST

Join us at 5:30 pm on Thursday evenings for Holy Eucharist that will include Prayers of Healing and Anointing of the Sick. Most of these services feature music led by a team of gifted musicians who lead us in simple hymns and songs of praise using acoustic instruments. All are welcome to celebrate the Eucharist together.



THE PARISH CHOIR NEEDS YOUR HELP!!!

The 2019-2020 Parish Choir season has begun. We welcome anyone over the age of sixteen to join and further enrich our beautiful and harmonious choir!! We rehearse Wednesday evenings 7:00-8:30 pm and our Sunday pre-service rehearsal is at 10:00 am.

We have a core of dedicated and talented singers, but there is always room for more. This lively, energizing ministry is the perfect place to share the love of singing together; making new friends; receiving support and fellowship; having a creative and expressive experience; developing new skills.

We are an open group of people who enjoy lifting our voices to enhance and guide the worship experience. Previous choral experience, or the ability to read music, is not required.

Please consider giving us a try! If you have questions or would like to express interest, contact our Choir Director, Rebecca Bowman at rebeccabowman76@gmail.com

GET ENGAGED & HELP FOSTER FELLOWSHIP

Consider signing up for a particular day to help the Engagement Committee with Coffee Hour, First Sunday Lunch, or other social events. Sign-up sheets are near the welcome table in the Narthex. If you have any questions about these opportunities to serve, please e-mail Cindy Thackham at cdjpt@att.net.



FORMATION

Think with the Mind of Christ



A grand time was had by all who attended the 4th annual Oktoberfest celebration at Holy Trinity on October 18th. Parishioners enjoyed a night of German-themed food, beer, music, and fun. Many thanks to Joe Yanes and his crew!





FORMATION

TUTORING AT HOLY TRINITY

Kimberley Comport is a Junior Biomolecular Engineering major at Clemson who is starting a tutoring program at the church. Tutoring will be held every Wednesday from 5 pm to 7 pm. She's looking for students to tutor from the surrounding schools in middle and high school in STEM classes.

If you know of a student who you think could benefit from extra help whether it be with studying or homework please reach out to her at kcompor@g.clemson.edu or 843-603-0379 or contact Cary Kaye, Kimberly's Vestry liaison.

ADULT SUNDAY SCHOOL



Our fall series on prayer (what it is, how to do it, and why it matters) is in full swing! Even if you've missed the first few sessions, it's not too late to get in on the invocation/benediction/devotion/imprecation/litany/orison/petition/supplication action! Bring your questions and your experiences and join the conversation.

The prayer series will continue into October. In November we will segue into an exploration of some of the key prayers from the BCP which are central to our liturgical worship, leading to a review of our Eucharistic prayers in which we'll sort of take everything apart to see what those prayers do and how they work. The best is yet to come, so please join us in the E/M room between services on Sundays, starting at 9:30 am!

FAREWELL RECEPTION FOR BETSY DUNKLE

Sunday, November 10 @ 11:45am

Long time parishioner Betsy Dunkle is moving to Shreveport, Louisiana. Help us send her off with a fond farewell during coffee hour on Sunday, November 10.

We'll miss you, Betsy!

KANUGA COFFEEHOUSE: A FAREWELL CONCERT

Sunday, November 10 from 4-6 pm

LIVE MUSIC at Holy Trinity! Join Anne and Fr. Christopher for "Coffeehouse: A Farewell Concert," from 4-6 pm for coffee, tea, snacks, and family-friendly acoustic performances of Johnny Cash to Jimi Hendrix, The Allman Brothers to the Indigo Girls, The Who to U2.

Cover charge is \$10 at the door, kids under 12 are free (nursery care available). Bring your requests and a little extra \$\$ – if they know it, they'll play it! *All proceeds benefit the 2020 HT Parish Retreat at Kanuga.*





FORMATION

PET BLESSING

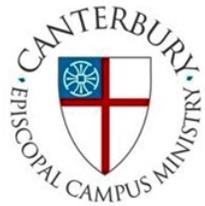
There was a blessing of the animals in honor of St. Francis of Assisi day on Sunday, October 6 at 3:00 pm under the church bell towers. Many parishioners and their best friends showed up.





FORMATION

CANTERBURY



It's hard to believe that we are in the thick of midterm season – it feels like classes just started. In the past few weeks, Alena and I have been working to strengthen our Canterbury community and to expand our promotional efforts on campus to bring more students into the fold. We are collaborating with vendors in the area for new T-shirts and a new banner for use on campus and at future tailgates!

Due to the crazy nature of being a college student, some of our members are unable to join us for our usual Wednesday meetings, so we have decided to set up Coffee Hour for fellowship on Fridays at 2:15 pm at Starbucks in Core Campus and Complines and Cookies on Tuesdays at 8:15 pm at the Cottage! If you know any student on campus who would like to join us, please pass along my cell (901-490-5048) or Alena's (803-530-5180) – coffee and cookies will be on us! Please text Alena or me beforehand to make sure we are meeting because sometimes Alena and I may have conflicts!

As November 17th inches closer, I'd like to express my utmost gratitude for Father Christopher on behalf of Canterbury. It's honestly kind of hard to put into words. Fr. Christopher has done so much during his time at Holy Trinity to help grow our community of faith whether that was through celebrating the Eucharist with us, providing insight during Bible studies, or asking thought-provoking questions during program nights. His extensive knowledge and insight into scripture and the traditions within the Episcopal Church has helped us to contextualize our faith journeys and allowed us to reflect deeply on our lives.

Fr. Christopher: We will miss you very much, but we are cheering you on as you continue along the path God has laid out for you. We pray for a smooth transition for you and your family! We wish you nothing but the best. All Saints is so lucky to have you.

God's Peace,
Aynsley



All spots have been filled for Wednesday night suppers for Canterbury for this fall. Thank you so much to all those who signed up to provide a meal for our hungry Canterbears! Watch for the spring sign up sheet to provide meals for the spring semester.



CHURCH AND THE WORLD

Act in the World as the Body

HELP RESTOCK CLEMSON COMMUNITY CARE'S PANTRY

Clemson Community Care has the following food requests: dry and canned pasta, spaghetti sauce, juice, canned vegetables, canned meat, powdered milk, cereal, and rice. We always have a need for any toiletries, diapers and wipes.

We are so grateful for any and all donations! *Donations can be placed in the basket in the Narthex or dropped off at the church office.*



17TH ANNUAL MINISTERS' COOK-OFF



Bring your appetite to the Christian Life Center of Clemson United Methodist on Thursday, November 7 from 5:30 pm to 7 pm, and join your neighbors for the Seventeenth Annual Clemson Area Ministers' Cook-Off.

Ministers from 14 area congregations will be showing off their culinary skills in support of Safe Harbor shelter (<https://safeharborsc.org>) for victims of domestic violence. Weather permitting, WYFF weatherman John Cessarich will broadcast "John on the Road" from the cook-off. \$1 taste tickets will be available at the door.

Mellie Warner

A Note from Mtr. Suz: Cooks and helpers needed to prepare Holy Trinity's tasty contribution to the Ministers' Cook Off. Please contact me if you are able to contribute time and cooking talents for this important ministry!

HOLY TRINITY BAZAAR AND ARTISAN MARKET

New at this year's Bazaar are Cheerleading Churchmice. Be sure to come early to get these adorable mice since they will likely sell out very early on November 23rd.

We also really need our wonderful parishioners who contribute to the food booth to remember that we need you to help supply baked goods, candies, canned items, and the like.

Items may be brought to the parish hall in the afternoon on Friday, November 22.





CHURCH AND THE WORLD



Holy Trinity Episcopal Parish
93 Old Greenville Hwy, Clemson, SC 29631
(across from Riggs Field & tennis courts)

Holy Trinity Bazaar & Artisan Market

Saturday, November 23, 2019
10 a.m. to 3 p.m.

Local Crafters

Handmade jewelry, wreaths, and more

Gift Baskets

Wonderful themed baskets that are ready for giving

Baked Goods & Frozen Meals

Delicious treats and freezer-ready meals

Plants

Including many from the parish grounds

Holy Trinity Crafts

Handmade items including: American Girl doll clothing, linens, traditional church mice plus a special edition Clemson cheerleader mouse, knitted items, Clemson and festive banners and customized heirloom knit Christmas stockings for pre-order

Holy Trinity items

Stained glass window ornaments, note cards

St. Paul's Thrift Shop

Unique gifts

Haitian Artisans

Variety of gifts available from skilled artisans

Delicious Lunch

Homemade soups, salads, quiche and more

Silent Auction

Local artwork, area retailers and Clemson artwork

<http://holytrinitybazaar.org>

All HTC profits from this year's bazaar are given to local charities.





CHURCH AND THE WORLD

EPISCOPAL DAY SCHOOL

October was an eventful month at the Day School! The children enjoyed a visit from Clemson University Fire & EMS. Firefighters taught the children about the importance of smoke detectors and fire evacuation plans. The Day School practices its fire evacuation plan by having a drill every month.



The 3K and 4K classes enjoyed a field trip to Clemson University's Brooks Center to see the Tri-Arts Performance of "The Okee Dokee Brothers," a Grammy award winning American Folk band. In celebration of the Feast Day of St. Francis of Assisi, Mother Suz led a Pet Blessing for Day School families on October 2nd. Many school families brought their furry friends to be blessed.

Day School Spirit Week, October 21st through 25th, was full of smiles and fun. They had a Class Colors Day, Wacky Wednesday, Favorite Character Day, and Clemson Tigers Spirit Day! You can see more about what is going on at the Day School at <https://www.facebook.com/EDSClemson/>.

November will be another fun-filled month for students! Students will see another Tri-ART performance on November 1st. It will be the theatrical production of a beloved children's book, "The Very Hungry Caterpillar." The school families and staff will join for a *Stone Soup Celebration* on the 22nd. All the children will help with preparations by bringing in vegetables for soup to be made, mixing up and baking cornbread, and making decorations for the tables. At the celebration, all will enjoy a tasty soup and a performance by the students while remembering the importance of working together, sharing, and community.

The school's annual Poinsettia Fundraiser has begun! Roebuck Greenhouses has provided beautiful plants to us for the past 21 years. Poinsettia colors available are red, white and pink. The 6" pots are \$11.00 and the 8" pots are \$18.00. Orders with payment are due by Sunday, November 23rd. Checks should be made payable to: "Episcopal Day School." Order forms and payments can be left in the gray deposit box beside the school office door or in the church office in Suzanne Watkins' mailbox. The poinsettias will be available for pick-up on December 12th and 13th in Holy Trinity's parish hall. Please ask your family, friends and neighbors if they would like to purchase some poinsettias to support the Day School. These plants make wonderful Christmas gifts and decorations!

In-house registration for the 2020-2021 school year will begin in January 2020 for Holy Trinity Episcopal Church members and currently enrolled Day School families. Open enrollment to others in the community will begin in February. If you have questions about the Day School, please contact Suzanne Watkins at swatkins@holytrinityclemson.org or (864) 654-0298.





CHURCH AND THE WORLD

SPECIAL ORDER SINGING ROOSTER COFFEE & CHOCOLATE

Perhaps the best quality and certainly best tasting fresh coffee available anywhere in the Upstate is Singing Rooster fair-trade Haitian Mountain Blue. Grown on the volcanic mountainsides in rural Haiti and currently being harvested in our villages of Bois Joli and Morne Michel, high quality and exceptional taste are their hallmark. Remember that 70% of the proceeds from each sale go directly back to Haiti. Of each \$10 purchase only \$3 goes toward processing, shipping and handling while \$4 goes directly back to the farmers and \$3 goes to support our University Students from Cange. Organic chocolate now in 5 delicious flavors also available for \$4/bar. New flavors this year to add to our Lemon Ginger are peppermint, seasalt and nibs, cranberry, and coffee.

Look for a member of our Outreach Committee Singing Rooster sales force (Phil Maiberger, Glen Quattlebaum, Rachael Mayo, & Harry Morse) after the 8 o'clock or 10:30 service in the Parish Hall.



SINGING Rooster

CHRISTMAS GIFTS FOR THOSE HARD TO GET FAMILY, OFFICE, AND FRIENDS

GOURMET COFFEE FRENCH or VIENNA, CAF OR DECAF, ground or whole bean!!

Cange Kups for Keurig also available in Vienna & Decaf!

Superb gourmet chocolate bars also available in Lemon-Ginger, Coffee, Sea Salt & Nibs, Cranberry & Peppermint flavors!

CONTACT HARRY MORSE BY TEXT, PHONE, OR EMAIL: 864-314-9996 (phone or text), hgmorse@gmail.com (email)

\$10 PER BAG Coffee; \$4 PER BAR Gourmet Chocolate—payable to: Holy Trinity Outreach.

Please order for bulk by Sunday December 1 to ensure delivery by Sunday December 15.

Thanks for your support of our work in Haiti!!

NB—An increasing body of scientific data suggest that coffee consumption is linked to increased quantity and improved quality of life. Though data for chocolate consumption is less robust, some would hold this truth to be self-evident!! References available from Dr. Morse!



CHURCH AND THE WORLD

DEPOLARIZING WITH BETTER ANGELS



We all try to walk the walk of our faith. Some pray for others, some serve those in need, some give their talents and others give beyond their talents. A smile, a kind word, silence when words would inflame, boldness when silence would condone unkindness—all contribute to peace in our community.

At least that is the hope. In the last several years we have experienced a frightening affront to our societal norms. Families attack each other over politics, communities live in fear of one another where differences used to be accepted. We see our whole country deeply divided and rancor and incivility have become the disorder of the day. We cannot leave this chaos and contempt for those unlike ourselves to our children and grandchildren.

Remember Abraham Lincoln's first inaugural speech in 1861 just prior to the Civil War.

We are not enemies, but friends. We must not be enemies. Though passion may have strained, it must not break our bonds of affection. The mystic chords of memory...will yet swell the chorus of the Union, when again touched, as surely they will be, by the better angels of our nature.

We are the Better Angels! We MUST BE Better Angels!

Better Angels (the national organization) began in 2016 when a red (conservative-leaning) man and a blue (liberal-leaning) man brought together a handful of reds and blues to have meaningful, respectful conversation about their political beliefs. The results of that meeting? They found that they respected and liked each other, that they shared commonalities, and that they wanted to keep meeting. They learned that they *could* have a depolarized community. And they wanted depolarization for the entire country.

You are invited to a Red Blue Workshop on January 25 at Holy Trinity Episcopal Church. This workshop will bring together a maximum of 30 people: 7 conservative-leaning (red) people and 7 liberal-leaning (blue) people for a structured conversation with two trained moderators (1 red and 1 blue) and about 15 observers for a day long event. Our goals for participants and observers are to speak and be heard safely the beliefs of those on the other side and to find areas of common ground.

To learn more about the Red Blue workshop on January 25th, join us for a discussion and viewing of a documentary on Better Angels on November 14th in the Parish Hall here at Holy Trinity at 7 pm - 8:45 pm.

For more information about either event, to reserve your space, or to learn more about Better Angels, contact the Clemson Area Better Angels (CABA) team: Shari Jung at spjung@me.com, Paula Appling at upst8hiker@gmail.com, Linda Law at lindabrodylaw@gmail.com, or Janet Marsh at jmarsh@clemsun.edu.

THANKS TO ALL WHO DONATED ITEMS TO OUR DAILY REST

If you ever want to learn more about this organization or the ways our church supports this ministry, please contact Kevin Hughes (864-903-5706) or Judy Surak (864-933-5205)





ADMINISTRATIVE

NOTES FROM THE SENIOR WARDEN

Beloved Parishioners:

As I mentioned in a recent *HT Notes*, the big news this month from the Vestry is their approval to move ahead with the full set of proposed projects for our campus that have been previously presented to you. Overall, these projects enhance our missions, the access to our facilities and the appearance of our campus. Specifically, they include lowering the grade in the vicinity of the gravel parking lot and building a landscaped parking area that meets city ordinances. By lowering the grade we will provide access to the lower level of the parish house for Canterbury, Family Promise and our youth programs. Part of the area adjacent to the new parking lot will remain a green space for recreation and football parking. Also, we will change the angle of the entrance to the lot so that access is much safer than our current arrangement. Other projects include a pavilion, a handicap access to the office, a covered drop off area at the back of the church and parish house and an enclosed garden/play area in front of the parish house with a new set of access doors.

The cost of these projects total \$1.57 M, the 20-year note for which will be fully funded until about 2026/2027 by the current pledges from the Doors Campaign (now about \$580 K) and parking revenue (which is projected to be about \$90 K per year). At that point there will be a need for a modest amount of additional funds (average annual about \$16,000), which can come from increased parking fees, renting the pavilion, extension of pledges and a variety of other sources. We do have residuals of two existing notes that were associated with the purchase of the property and the demolition of the old Methodist church. These will be paid off in 2024 and 2026 respectively, without incurring the need for any additional funds. All these notes will be financed/refinanced at 3.3% interest. The terms of the Doors note will be renegotiated at the end of seven years.

The decision to move forward with this project is the result of countless hours of careful deliberation and planning by the Trinity Place Committee in consultation with our design/build team of Signature Architects and Trehel Construction, as well as much discussion in the Finance Committee and the Vestry. There have been numerous negotiations with Clemson University, whose land will be impacted by the project, and the City of Clemson, for permitting. We have relied on multiple surveys and other input from you-the parishioners. We have considered proposals from outside developers and the city, none of which maintained the level of control of our property that you expressed as important for the future of our parish. We considered our financial assumptions, which included our being able to maintain parking revenue under multiple scenarios which might reduce the demand for our spaces and our being able to maintain our pledge base, if poorer economic times were to come in the near future. Some were concerned about our extending debt into the next generation of parishioners. However, others were optimistic that, like previous generations, younger parishioners will be there to help us accomplish our goals, even if economic challenges arise. Our hope and plan, of course, is that the future burden will be small or, with a little luck, none at all.

We are now in the final steps in our deliberations with the University, which involve approval of a temporary easement to close the "frontage" road nearest the convenience market during grading. This easement is needed to obtain a grading permit from the City. Several of us had a teleconference with the Commission on the Diocese who evaluated our construction and financial plan. This went well and we are very optimistic that we will have full Diocesan approval. This week some of us on the Day School Board will meet with our architect/builders to be certain we have plans in place in order to maintain safe egress for the children during construction and establish an optimal plan for removal and replacement of the playground substrate and equipment. Finally, your treasurer Bob Taylor and I will be meeting this week with our finance officer to begin the loan application.

I am always available to talk to any of you about the plans for our campus and our financing, as this is your project and you are the ones who have been so generous in supporting it. If you have any questions about the projects or their financing, please contact me at 864-506-6518 or wheeler@clemson.edu.

In this project, and in all we do, we seek to love with heart of Christ, think with the mind of Christ, and act in the world as the Body of Christ.

Hap

CLEMSON CHILD DEVELOPMENT CENTER

**50th Anniversary Reunion
Saturday, November 9 ~ 12:00-2:00 pm**

Originally called simply the "Clemson Daycare Center," the community-based Clemson Child Development Center has reached its half-century milestone!

We'd love for you to join us for a 50th Reunion celebration on Saturday, November 9th, from 12 to 2 pm at the Center's home at 216 Butler Street. There will be a free hot dog lunch, an open house, and opportunities to share photos and memories from the history of this vital childcare center.



NOVEMBER BIRTHDAYS

- 11/2 Jerome Cribb
- 11/3 Ken Weaver
- 11/5 Jim Harriss
- 11/5 Ann Vaughn
- 11/6 Kara Hollandsworth
- 11/6 Will Mayo
- 11/7 Rachel Mayo
- 11/7 Paul Anderson
- 11/7 Emily Yanes
- 11/10 Carl Dunn
- 11/12 Barbara Piekutowski
- 11/13 Jean Ellen Zavertrnik
- 11/14 Van Nielubowicz
- 11/16 Lesley McCabe
- 11/17 Betty Snowden
- 11/19 Carol Shuler
- 11/19 Eric Naeseth
- 11/19 Dotti Carter
- 11/19 Marylou Sigsby
- 11/19 James Prestin
- 11/20 Eliot Murphy
- 11/22 Marge Edie
- 11/23 Molly Dunn-Devine
- 11/24 Kevin Freeman
- 11/26 Kevin Hughes
- 11/28 Robert Kendrick



November Birth Flower
Peony

FLOWER LIST



The 2019 flower sign-up book is in the Narthex for people to designate flowers to the memory of, in honor of, and/or in thanksgiving for their loved ones or for a special occasion. Please sign up in the Narthex or contact Kara Hollandsworth in the church office (864) 654-5071, ext 0, or email htchurch@holyltrinityclemson.org to sign up.



November Birthstone
Citrine

Operating Fund

Financial Update as of October 31, 2019

	Monthly Budget	Monthly Actual	Budget YTD	Actual YTD
Income	\$47,841.00	\$45,545.99	\$478,410.00	\$477,657.38
Expenses	\$48,967.00	\$51,454.90	\$476,155.00	\$466,977.32
Income +/-Expense	(\$ 1,123.00)	(\$ 5,908.91)	\$ 2,255.00	\$ 10,680.06

Trinity Place

Balance on First Citizens Bank Notes as of October 31, 2019
\$483,793.72