



Come away to the beautiful mountains of North Carolina to spend a weekend of Finding Hope in the company of the women of Holy Trinity.

Retreat Leader and Spiritual Director, Amy Montanez will offer wisdom for understanding and finding hope, as well as practical tools for cultivating and sharing the hope we find in God's grace.

There will be plenty of time to relax with friends and make new ones!

## Holy Trinity Women's Retreat 2022

Friday, August 26 to Sunday, August 28

Camp Lutheridge  
2511 Hendersonville Road  
Arden, NC 28704



### **PRESENTER:**

**Amy Sander Montanez,  
D.Min, LPC, LMFT**

Amy is a therapist, spiritual director, coach, retreat leader, and writer in private practice in Columbia, SC. She specializes in working with clergy and seminarians and is known for her compassionate work with

couples and individuals. Her first book, *Moment to Moment: The Transformative Power of Everyday Life*, won Spirituality and Practice's top 100 books of the year in 2013. Along with a colleague, she blogs at [www.messymarvelous.com](http://www.messymarvelous.com) and has published two recent Messy Marvelous Guides— *LAUNCH: A Guide To Adulting*, and *LOVE: A Guide To Relationships*. Amy's favorite way to spend free time is in the company of intimate friends around a table of delicious food and wine.  
[www.amysandermontanez.com](http://www.amysandermontanez.com)

**PLEASE REGISTER BY August 12**

**Attendee Name** \_\_\_\_\_

**Email address** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

**ACCOMMODATIONS:**

**Thornburg Lodge**

Thornburg Hall offers hotel style lodging along with two group meeting spaces. An assortment of double and single rooms that can accommodate up to sixty-five adults. We have been given the ground floor; there are 2 handicap accessible rooms on that floor. The meeting room is also on the first floor.

<https://lutheridge.org/hosted-ministry/>

Please visit website to view accommodations.

Please indicate your accommodation preference:

Single

Double\*

\* I wish to share a room with the following person:

(To avoid confusion, please confirm with the person you list)

**COST**

Double Room @ \$175 2 beds/5 meals \$ \_\_\_\_\_

Single Room @ \$245 1 bed/5 meals \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

I Would like to provide scholarship assistance

I Need scholarship assistance

Please enclose your check to Holy Trinity with “2022 Women’s Retreat” on the memo line.

Scholarships are also available for adults on an individual basis. Please contact Mtr. Suz at (864) 364-1952 or [scate@holytrinityclemsontn.org](mailto:scate@holytrinityclemsontn.org) if you are interested in receiving scholarship assistance.

\*If you wish to provide scholarship assistance, please submit a check to Holy Trinity with “2022 Women’s Retreat Scholarship Assistance” in the memo line.

We work hard to keep rates down. **Please register by August 12 to avoid late fees.**